

1972

**CARDIFF
RUGBY FOOTBALL CLUB**



**PLAYER'S
RULE BOOK**

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Honorary Secretary
W. HAYDN WILKINS

Cardiff Arms Park, Cardiff 23546 (*Office*)
Cardiff. Cardiff 20082 (*Club*)

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**RULES
FOR PLAYING MEMBERS**

1 Training

Training takes place on the dates and times approved by the Committee each season. All players must sign the attendance book after training.

2 Travelling Expenses

- (a) Players residing outside a radius of 4 miles from the Club will be paid their travelling expenses on submission of the appropriate claim to the Hon. Secretary.
- (b) Players will be reimbursed their travelling expenses for approved training attendance sessions, and for travel to the Club for Home and Away matches.

Match Arrangements

3 Home

Meal tickets will be issued by the Committeeman in charge to the selected players and reserves only.

4 Away

The time stated on the selection notification will be the actual time of departure of train or coach, etc. Players must report at the departure point at least **15 minutes earlier**.

Travelling and meal arrangements are notified to players, the cost of the full party being incurred by the Club. In the interest of Club spirit, it is expected that all Players and Officials will travel as one party.

Any additional expenses incurred by a player in variation of the itinerary will not be reimbursed.

A player, who through exceptional circumstances, desires to join the party, en route or at its destination, must inform the Hon. Secretary at the Club Office immediately, so that the Committeeman in charge shall be notified before the Team leaves Cardiff.



General

Any player finding himself unfit or not available, must notify the Hon. Secretary at the Club Office at once giving reasons.

5 Medical

The Club's Hon. Medical Officer will be in attendance at the dressing rooms before and after each Home game.

Medical expenses should not be incurred without the prior approval of the Committee or, in exceptional circumstances, the Hon. Secretary.

Physiotherapy treatment should not be sought from the Club's Physiotherapist without the sanction of the Club's Medical Officer.

Honorary Masseurs are available at all matches.

6 Scratch or Charity Matches

No Player will be allowed to organise a team to play a Rugby Football match or be permitted to take part in any Scratch or Charity game for or on behalf of any Club without the prior consent of the Football Committee.

7 Football Equipment

Borrowing the Club's football kit will not be permitted unless an authority signed by the Hon. Secretary, is produced to the Club Attendant to whom a receipt must be given.

Equipment so borrowed must be returned in a good, clean condition as early as possible.

Football equipment, other than boots, must **not** be retained by players.

Players are expected to assist the Club Attendant and Club Masseur in their task of collecting kit after each game.

8 Dressing Rooms

No unauthorised person is allowed in the Dressing Rooms which are strictly private to players, officials and staff only.

9 Awards

Players are awarded a 1st XV Cap after making 20 appearances for the 1st XV in any one season. Where a 1st XV Cap has not been awarded, an Athletic XV Cap will be awarded where the total appearances for the 1st XV and Athletic XV are 20 or more.

Special awards are made from time to time as authorised by the Committee's Minutes.

Blazers/Ties

Players who have participated in 20 1st XV games in each of two consecutive seasons are entitled to wear the Cardiff RFC blazer badge.

Players who are entitled to an Athletic XV or 1st XV Cap are permitted to wear the Cardiff RFC players tie.

10 Privileges

Playing Members nominated by the Football Committee will be entitled to special full membership of the Cardiff Athletic Club. They will also be given two complimentary stand tickets for each club home game.

"All Playing Members and Officials are Privileged Members of the Cardiff Rugby Club.

Any misconduct or ungentlemanly conduct prejudicial to the good name and prestige of the Cardiff Rugby Club will invoke disciplinary action by the Committee."

Rule 20—Byelaws

The Committee shall have power to recommend to the Management Committee the expulsion or suspension from membership of the Cardiff Athletic Club any member of the Club who they may consider has wilfully broken the Bye-laws of the Club or who has been guilty of unseemly conduct.

W. T. Maddock and Co., Ferndale