



# **CARDIFF RUGBY CLUB**

## **CARDIFF v LONDON WELSH**

FRIDAY, 19th DECEMBER, 1975 K.O. 7.15 p.m.

Official Programme 10p



# Cardiff v. London Welsh

FRIDAY, 19th DECEMBER, 1975

K.O. 7.15 p.m.

## LONDON WELSH v. CARDIFF or YULE GET YOURS

Yn gyntaf, Nadolig Llawen a Blwyddyn Newydd Dda, bob in, which for the more Anglicised amongst us, means a Merry Christmas and a Happy New Year to you all. That includes the less seasonally orientated amongst you who were too mean to buy a programme and borrowed the one you are reading, knowing damned well that it is the programmes I sell illegally that enables me to get sufficient finances to send both my Christmas cards. They are the same ones I sent last year, which I nick from the mantelpieces of the people I send them to, when they have gone to cut me yet another turkey sandwich. I have insisted that they write their cards to me this year in pencil, so that I can rub them out and send them to someone else. As you must be aware times are hard and there are harder times coming — its either that or I have spent too much time in Cardiganshire recently, and some of their carefulness with money has rubbed off. I don't believe that 'Cardi's' are mean, as a matter of fact I find them quite the reverse. Neither do I think that people from Carmarthenshire are strangers to the truth, which is another popular fallacy. It doesn't really matter what I think, the story will always persist that a Cardiganshire man will steal the eye from your head, and a man from Carmarthenshire will tell you that you look better without it.

None of this has anything at all to do with the plot, which is of course the game between London Welsh and Cardiff. Well, since most of you know more about London Welsh than I do, and probably about the Cardiff team too I suspect, at least that's what they tell me in selection, what do you expect me to write about. Anyway it's Christmas and my inclinations tend rather more to the festivities than the football. Not that there should be anything less than festive about the football tonight, because where in the world would you find two teams with a tradition that absolutely guarantees you a game of running Rugby with more certainty than those paraded before you tonight. Go on, puzzle your addled minds, and don't come up with such flashes in the pan as certain recently successful sides, either from the remoter parts of Wales or nearer ones of younger lineage, because even armed with my memory of tender age I can destroy those propositions.

London Welsh and Cardiff have been pioneers in exciting, running Rugby since before anyone watching this game was a hormone that caused your Dad to starve.

We have been playing them since 1885, which is long enough ago to assume that things have progressed. However I must add that if my recent experiences of travelling by train to London are anything to go by, then that first game played against London Welsh in London would have qualified on time taken travelling for tonight's game to be the return match for that season. Nevertheless there must have been a time when the G.W.R. were more punctual, because we have played them 78 times, winning 66 and losing 10. It might be of interest to the more chauvinistically inclined Cardiff supporter to know that London Welsh have won only once at the Arms Park since 1932, and that was in a game which I played in, but disclaim responsibility for, in 1963 when we lost 11 pts - 14 pts.

No more of results and wins and losses. I hope with more than a fair degree of certainty that you will enjoy tonight's game, and I hope with sincerity that every one of you has a Happy Festive season. We can do no more for you than provide this choice morsel of a match before you, hoping of course that it will take the edge of your appetite from you for tomorrow's game, and even after saying enough of results, I wouldn't be exactly distressed to know that we go into 1976, having won all our games over Christmas and making the more professional pot-hunters look over their shoulders at us.

CROESO I GYMRU LLUNDAU

D.J.H.

Cover photograph — Stuart Lane

# Know the Laws

By FRED CROSTER

After the Australian game — it will take a long time to erase that marvellous memory — I wrote about referee John West examining the players' boots to ensure that the studs conformed to the required regulations.

I made the point that surely it is the onus of the manufacturers to produce a boot which does conform. It is pleasing to note that at least one major manufacturer has gone to considerable lengths to do this and all the retail sports shops have been circularised with interesting data to this effect.

The W.R.U. in the newly published Coaching Scheme Booklet emphasises this and all referees will be on the lookout for footwear which does not comply. For those who wish to know, the actual stud measurements are:

Maximum length ... 18mm. Minimum diameter at base ... 13mm.  
Minimum diameter at top ... 10mm.

Minimum diameter of washer if separate from stud ... 20mm.

Nylon studs are the main culprits. They can wear to sharp edges with a lethal ridge developing and can cause devastating damage if chipped.

Warming up on hard surfaces — concrete etc. — is something which, if possible should be avoided.

In the same booklet, under 'Personal Protection' it is also recommended that all players should wear mouthguards (they markedly reduce concussion, dental and facial injuries — all the Wallabies do); that the chewing of gum can cause catastrophic injuries by blocking the air passage and that Shin Guards, made of very light Plastazote, should be strapped to the legs when worn by forwards.

Do I hear exclamations? Probably so. Some simple Christmas presents, here maybe, for rugby mums and dads to buy.

## England v. Wales

SATURDAY, 17th JANUARY, 1976

at TWICKENHAM

A post card ballot will take place for Field tickets. Please forward post card giving name, address and membership number, to reach this Office before 1st January, 1976.

CARDIFF RUGBY FOOTBALL CLUB

## Barbarians v. Australia

at the National Stadium, Cardiff Arms Park  
on Saturday, 24th January, 1976

### NOTICE TO MEMBERS/SEASON TICKET HOLDERS

For the above game, Stand Season Ticket holders who were not successful in the alphabetical system for a Stand ticket, together with Enclosure/Field Season Ticket holders, may apply for a NORTH ENCLOSURE ticket at £1.00, SOUTH ENCLOSURE at 80p or FIELD at 50p.

Notice will be sent through the post on 30th December.

Tickets are strictly limited and will be on sale from the Concourse (Roadway) at the rear of the Cardiff R.F.C. Stand (turnstiles) from 12.30 — 2.00 p.m. on Saturday, 10th January, 1976, before the Cardiff/Coventry game.

Members or Season Ticket holders will only be allowed to purchase a maximum of 2 tickets on production of 2 slips 'B'. Holders of slips 'A' and 'B' will be given priority. If unsuccessful in obtaining a ticket, please retain Slip 'B' for the Wales /Scotland game.

Postal applications will be accepted from outside the Cardiff/Penarth areas by, or before 5th January, 1976, but it may be necessary for these to be balloted for. Please enclose Slip 'B' and cheque/postal order for correct amount, plus strong stamped, addressed envelope. Unsuccessful postal applications will be returned on January 7th.

Hon. Secretary.

After the match, call to see John Price at the

## HARLECH TAVERN

ST. MARY'S STREET  
(or Great Western Lane)

**STEAK BARS SPORTSMANS BAR  
2 OTHER BARS**

PLUS INTIMATE PRIVATE PARTY ROOM

Whenever you are out — Henekeys Inn

# DOUBLE DIAMOND WORKS WONDERS!

### Sales & Marketing Personnel Recruitment



IF YOU WANT A MAN —  
OR A JOB — CONTACT US

**M&SDA**

Specialist Training &  
Recruitment Consultants  
Management & Sales  
Development Associates

### Our team can tackle any P.R. job...

for instance we are the  
originators of the Footprint  
Club rugby hall of fame at  
Cardiff's International  
Grill & Bar

### C. G. Press & Public Relations

We're very persuasive people

30 Cathedral Road, Cardiff Tel: Cardiff 397711

THE SYMBOL



OF SERVICE

## PORT PAINTERS LTD.

INCORPORATING COLORSCOPE BRIDGEND

Industrial and Marine Painting  
and Decorating Contractors

EXCHANGE BUILDINGS  
MOUNTSTUART SQUARE  
CARDIFF Tel 33970

## HEP'S ENGINEERING LTD.

All types of Machining including:

Turning & Copy Turning, Milling,  
Horizontal Boring, Vertical Boring,  
Cylindrical Grinding, Surface Grinding,  
Tool & Cutter Grinding,

Slotting & Planing, Fabricating & Welding

PLANT REPAIR RECLAMATION WORK SPECIALITY

WITH METAL SPRAYING & HARD CHROME FACING

Ipswich Road., off Colchester Avenue, Cardiff  
CARDIFF 498416 (3 lines)

South Wales Caterers want the best — on time

— and we supply the best — on time. We have a modern  
fleet of vehicles capable of giving a professional service  
to the professional caterer. Frozen fish and vegetables,  
fresh meat and poultry.

We have a daily delivery service to all parts of South Wales

## ABERTAWE

FRESH AND FROZEN FOODS LIMITED

DUMBALLS ROAD, CARDIFF Telephone 496111

PRINCE OF WALES DOCK & THE STRAND, SWANSEA  
Telephone 50797/8

STATION ROAD, ST. CLEARS, Carmar. Telephone 606

# Barlow Myers Limited

## ● FORK LIFT TRUCK & REACH TRUCK SALES & HIRE

— phone Colin Howe at  
Cardiff 387757

Barlow Myers Limited, Leckwith Industrial Estate,  
Whittle Road, Cardiff, South Glamorgan CF1 8AT

Pay a visit to **THE HOME IMPROVERS**  
after the game, opposite the Arms Park

For all your D.I.Y. PURCHASES,  
LUXURY BATHROOMS, FITTED KITCHENS,  
FITTED BEDROOMS and MUCH MUCH MORE

**MORGAN EDWARDS (SANKEY) LTD.**

**9/10 WESTGATE ST., CARDIFF**

Telephone Cardiff 45032

Also at Swansea, Newport and St. Clears

WALES LEADING SPORTS TRAVEL SPECIALIST



(TRAVEL) LIMITED

Book all your travel and holiday requirements with  
**RED DRAGON (TRAVEL) LIMITED**  
10 CHURCH STREET, CARDIFF TEL. 22834

Branch Office at: 219 High Street, Blackwood Tel: 3169

Also World Wide Business Travel Consultants

## YOUR RUGBY WORLD IS HERE

IRELAND v. WALES — 21st February, 1976  
FRANCE v. WALES — 5th February, 1977  
SCOTLAND v. WALES — 19th March, 1977

Accommodation now available

Follow the British Lions to New Zealand  
in 1977 — register now to ensure a place

W.R.U. Tour to Australia 1978  
Supporters Tour being planned

Contact Paul Bayley for  
the best arrangements

## John Cory Travel

Mount Stuart House  
Cardiff Tel : 27321

(Official agents to W.R.U. and Cardiff RFC)

### Cardiff

15. J. DAVIES
14. D. THOMAS
13. P. EVANS
12. A. A. J. FINLAYSON
11. P. LYN JONES
10. Gareth DAVIES
9. T. HOLMES
1. G. WALLACE
2. A. PHILLIPS
3. D. LLEWELLYN
4. P. RAWLINS
5. P. KALLONAS
6. R. LANE
8. R. D. JONES
7. S. LANE

Full Back  
Right Wing  
Right Centre  
Left Centre  
Left Wing  
Outside Half  
Inside Half  
Forwards



Referee: K. ROWLANDS

### London Welsh

15. C. WILLIAMS
14. A. RICHARDS
13. K. HUGHES
12. J. SHANKLIN
11. W. LEWIS
10. G. JAMES
9. A. LEWIS
1. G. DAVIES
2. M. THOMAS
3. M. JONES
4. M. ROBERTS
5. J. JAMES
6. J. MANSFIELD
8. J. VAUGHAN
7. S. WARLOW

## Drop in for a drink- I've got everything!

Next time you fancy a drink, don't just  
settle for your normal local. I can promise  
you something a little more exciting.

I'll show you a couple of bars—  
the Triple Crown Bar and the Centre Bar.  
And if you're hungry I can offer you  
a tasty Restaurant meal or a nibble in my  
coffee shop. It'll all cost far less than  
you'd think. For that's part of my charm.

I'm the **Cardiff Centre Hotel**  
and you'll find me behind the  
North Stand, Westgate Street,  
Tel: **0222-388681**.



**Centre Hotels**

## P. J. HENRY & SONS LTD.

51 WHITCHURCH ROAD, CARDIFF

Telephone : 21410

High Class Bakers, Confectioners and Caterers  
CATERERS TO THE CARDIFF ATHLETIC CLUB

## WELSH GLASS WORKS LTD.

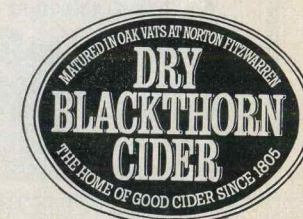
WALES' LARGEST GLASS DISTRIBUTORS

Every type of Glass in stock  
Glass cut to size while you wait

ALUMINIUM PATIO DOORS  
BETA LOUVRE WINDOWS  
DOUBLE GLAZING SYSTEMS

SHOPFRONT BREAKAGES PROMPTLY REPLACED  
Swansea 52341 · Cardiff 40224 · Newport 63117

Where the  
cider maker's art  
is still  
recognised...



**TAUNTON CIDER**

**Good value  
Good honest  
Allbright  
Bitter**



***Club Double Diamond***

**DANCING. CABARET. RESTAURANT BUFFET BAR  
PARTIES. STAFF FUNCTIONS. SOCIAL EVENINGS  
CLUB DANCES. DINNER DANCES. BUFFET DANCES**

Accommodation for up to 900  
Special Terms for large parties and fund raising charities

Mill Road, Caerphilly.  
Telephone: Caerphilly 2806  
Write or call for details

**YOUR BEST BUY FOR ALL SEASONS**

**SHEEPSKIN — SUEDE  
LEATHER — PIGSKIN COATS**  
Now the greatest commodity value in  
the world

Top quality at prices you can afford

Visit us to see the  
finest selection in the country



**2 PELLETT STREET, CARDIFF**

Telephones 29821, 22787/8



**YOUR TOYOTA DEALER FOR SOUTH GLAMORGAN**



**LLANDAFF MOTOR CO., LTD.**

(Malcolm Godfrey Cars)

**LLANTRISANT ROAD LLANDAFF**

**Telephone : 562345/6**

**ESSO PETROL : BLMC SERVICE SPECIALISTS**

**A full day  
out in  
London**

Away Day Returns  
give you up to 16  
hours in town:

**from Cardiff £7.08  
Newport £6.34**

Go and come back  
by any train the  
same day.

Full details from British  
Rail stations and  
Appointed Travel Agents.



**Western**

**CARDIFF RUGBY  
SUPPORTERS  
CLUB**

**AWAY TRIPS —**

Jan.	31	Aberavon	.75
Feb.	14	Bristol	1.00
April	3	Gala Centenary Sevens	
	10	Swansea	.75

Details of Cup Matches  
will be advised when  
available

Forthcoming Event

**DINNER DANCE**

Friday, 12th December, 1975

**Tickets £3.00**

See Committee Members  
for details

# Cwmciddy Restaurant & Free House Tavern

AIRPORT ROAD, BARRY

Telephone : Barry 2892

## Travelling West?

Enjoy the hospitality of a fine tavern, excellent steaks, cold buffet, good wines and variety of beers

### FIRST XV FIXTURES

Date Opponents Venue Result  
1975

Sept. 3	Glam. Wanderers	H	36-6
6	Moseley	...	A 16-17
10	Bristol	...	H 9-3
13	Blackheath	...	H 44-0
17	Bridgend	...	A 12-3
20	Coventry	...	A 18-21
24	Aberavon	...	H 18-6
27	Gala	...	A 10-12
Oct. 1	Penarth	...	H 21-15
4	Newport	...	A 0-16
8	Pontypool	...	A 16-7
11	Northampton	...	H 19-15
15	Ebbw Vale	...	A 9-13
18	Cambridge Univ.	H	19-12
22	Pontypridd	...	A 17-15
25	Harlequins	...	A 19-32
Nov. 1	Australia	...	H 14-9
8	Newport	...	H 14-6
12	Glam. Wanderers	H	41-6
15	Wasps	...	A 20-6
22	Llanelli	...	A 13-18
29	Pontypool	...	H 9-7

Dec. 2	Neath	...	A 15-6
6	Swansea	...	H 23-6
13	Bedford	...	H 40-18
19	London Welsh	H	.....
26	Pontypridd	...	H
27	Ebbw Vale	...	H

### 1976

Jan. 10	Coventry	...	H
17	London Welsh	...	A
25	Neath	...	H
31	Aberavon	...	A
Feb. 7	Gala	...	H
14	Bristol	...	A
28	Llanelli	...	H
Mar. 10	Bridgend	...	H
13	Newport	...	A
20	Italian Tour	...	...
27	Newport	...	H
31	Gloucester	...	H
Apr. 3	Gala Centenary	...	A
	Sevens	...	A
10	Swansea	...	A
17	Barbarians	...	H
19	Harlequins	...	H
24	W.R.U. Cup Final	...	...



## DON'T WORK THE BLIND SIDE!

Managers — don't kick for touch! Keep the ball in play. The Management Centre has recognised that industry can be made to be much more profitable and successful simply by helping people to manage.

We offer a complete training and advisory service in the fields of:—

- \* Employment Legislation
- \* Finance
- \* Safety
- \* Management and Supervision

**SWG** **MANAGEMENT CENTRE**

2 STANWELL ROAD, PENARTH,  
GLAM, CF6 2YH

Telephone 708632/4 703934

# BIG D

PRODUCED  
IN  
CARDIFF,  
WALES

THE FASTEST SELLING SALTED PEANUT RANGE

***YOURS INTERNATIONALLY!***

# **SEER SPORTS**

**INTERNATIONAL LTD.**

**56 COWBRIDGE ROAD EAST, CARDIFF**

Telephone: 24880

Sole suppliers of Sports Equipment to **CARDIFF RUGBY FOOTBALL CLUB**

\* \* \*

We supply most of Wales' leading Rugby Clubs, may we supply **YOU**

\* \* \*

The famous 'SEER-LUXE' Rugby Jerseys are available **ONLY FROM US**  
as used by Cardiff, Newport, Bridgend, etc. etc.

\* \* \*

**CLUB BADGES AND CLUB TIE SPECIALISTS  
MADE UP TO YOUR OWN DESIGNS**

Special discounts for Clubs!

## **Haigland Line Out**

Full Back



Fly Half



Wing  
Threequarters



Prop



**Don't be vague. Go tackle a Haig.**