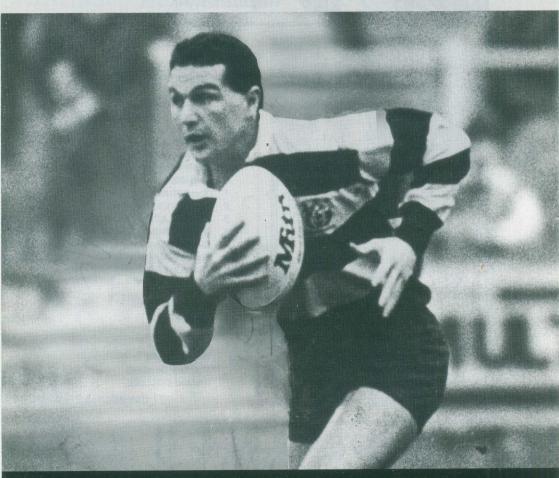


Cardiff rugby club

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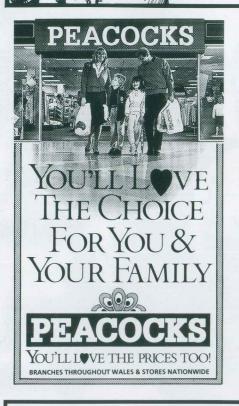
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- 15. Mike RAYER (Capt.)
- 14. Anthony DONOVAN
- 13. Simon HILL
- 12. Mike HALL
- 11. Kevin MORGAN
- 10. Craig MILLER
- 9. Paul JOHN
- 1. Tony ORRELL
- 2. Ian GREENSLADE
- 3. Steve BLACKMORE
- 4. Simon CROTHERS
- 5. Mark EDWARDS
- 6. Ian McKIM

From:

- 8. Ian HEMBROW
- 7. Mark BENNETT

Jose SOUTO

Howard STONE

Matthew De MAID

Richard COLLINS

Greg SWAINE

Inside Half Forwards

Full Back

Right Wing

Right Centre

Left Centre

Left Wing

Outside Half

Replacements

London Welsh

- Phil PARKER 15.
- Ceri GALEY 14.
- Nick JENKINS 13.
- Craig LAWRENCE 12.
 - Owen ROBINS 11. Michael DAWES 10.
 - lan BOLGAR 9.
- Julian DAVIES (Capt.) 1.
- Mark HUMPHREYS-EVANS
 - REPORT TO THE PROPERTY OF THE
 - Richard THOMAS 3
 - Mark DAVIES 4.
 - Malcolm HALL 5.
 - Ralph SWEENEY 6.
 - David HARRIES
 - Lee THOMAS
 - Tudor JONES 16.
 - Jim WILLIAMS 17.
 - Simon PAGE 18.

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SATURDAY, 26th JANUARY, 1991 Kick-Off 2.30 p.m.

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Cardiff v. London Welsh

SATURDAY, 19th JANUARY, 1991 KICK-OFF 11.00 a.m.

In penning these notes, I only hope to God that they will see the light of day. If not we will all know only too well of the appalling circumstances which would have left them unread. Having expressed those sentiments let's hope normality and not utter abnormality has prevailed.

Today then first and foremost we extend a warm hand of friendship to our exiled brethren from up "The Smoke", London Welsh. Our welcome is no way diminished by today's venue or this abridged edition of the programme.

Due to the ever increasing demand for hospitality accommodation at Five Nations Championship games, our Arms Park ground will have one such marquee erected on the in-goal area of the pitch. The work had to commence by Friday afternoon which ruled out a Friday evening game. So it's Sophia Gardens here we come.

At this point in time London Welsh are very much at a low ebb. In the three seasons since the introduction of league rugby in England, the Welsh have fallen from National Division II to Division IV South. In season 1987/88 they finished in 9th place in Division II with 3 wins in 11 games. The following season saw them at the bottom of Division II with only 1 win and a draw from 11 starts. This relegated them to Division III for season 1989/90 when things got to an all time low when only 3 wins from 11 games meant that they finished at the bottom of that league. This unfortunately pushed them down to Division IV South in this current season.

Their progress in this league has been far more successful and at present they have won 5 of their 8 starts to put them in 3rd position in that table. Participation in this league has virtually eliminated the top English sides from their fixture list, but most of the Welsh clubs have readily agreed to maintain their links with the Exiles even in such sparse times. They have put up a good fight against the Welsh clubs with a 28-19 defeat against Newport and going down by 19-14 to Aberavon. Unfortunately their interest in the Pilkington Cup was ended at Rugby when the home side won by 29-3. Their main aim at present however is to get back into Division III and to progress back to the top Division.

Their administration is resolute that things will get better at Old Deer Park and to this end they are leaving no stone unturned. Hopefully they will still be able to rely on the top Welsh teams to punctuate their fixture list which gives them such a fillip.

To London Welsh then we again say welcome to Cardiff and we wish you luck for the rest of this season with eventually promotion to Division III.