CARDIFF RUGBY CLUB





CARDIFF V EAST DISTRICT

SATURDAY, 2nd SEPTEMBER, 1978 KICK OFF 3 p.m.

Official Programme 10p

Cardiff v. East District

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KICK OFF 3 p.m.

"Here we are, here we are, here we are again," say the opening lines of an old favourite song and here we are again indeed to begin our 102nd year with the advent of the 1978-79 season. The "summer" seems to have flown by so I hope all managed to paint the outside of the house, decorate the lounge, build that greenhouse or complete the job you have promised do between the last home game and today. I wonder!

The summer did not pass unheralded for the Cardiff Rugby Club however. It was during the Welsh tour to Australia that three of our young players received their full international caps to add to the long list of Cardiff players to achieve this coveted honour. I refer, of course, to Gareth Davies, Terry Holmes and Stuart Lane, and I 'm sure you will join with me in offering them belated congratulations. We hope to see them many more times in the red shirts of Wales, and perhaps in more fortunate circumstances than those of their debut during the controversial and ill-fated tour of the summer.

This tour, incidentally, although so ill-fated for Wales, has indirect implications on our own domestic season. Australia were naturally over the moon with two victories over Wales and were hoping to extend their supremacy in New Zealand on their current tour to that country. The Wallabies are having a hard time in the land of the Kiwi however and successive test wins have added confidence to the All Blacks camp for the forthcoming tour to the British Isles during the former half of this season. They should now arrive in this country as a unit and Cardiff will not have the advantage of catching them cold in only the second match of the tour on October 21st. So we will need to be at our best by then if we are to achieve another victory over the might of New Zealand Rugby.

Perhaps another success over the All Blacks has been enhanced by the possible recruitment of several very useful and very big forwards. Firstly, from as far afield as Canada, we extend a warm welcome to Hans de Goede. Hans is an old friend of the Cardiff Club having played for the World XV during our Centenary Season, 1976-77. He is keen to add experience to his undoubted ability and is hoping to gain employment locally in order to play regularly for Cardiff. Then comes John Scott, an established English international from the Rosslyn Park club. John is also keen to savour the intense competitiveness of Welsh club Rugby and we take it as a compliment that he has selected Cardiff as his adopted club. Then come the two men from Gwent. Michel Van de Loos has decided to throw in his lot with Cardiff now that he is working here and Robert Norster of Abertillery has done likewise. Gentlemen, we wish you one and all good luck and may your ambitions, as well as those of the Cardiff Club, be fulfilled.

And so to today's game which gives Cardiff the chance to welcome the East District R.U. A word of explanation as to who they are would not be remiss because it is rather surprising how so few people know the administrative set-up of Welsh Rugby. Wales is split into nine territorial districts known as A to J. Each district has one, two or three representatives who serve on the Welsh Rugby Union which, of course, is responsible for the whole set-up in Wales. Cardiff is a member of District B and our representatives on the W.R.U. are our own Keith Rowlands and Glyn Bidder of the Pencoed club. East District is an association of clubs within District B of the W.R.U. and their side is selected from the member clubs except Cardiff, Newport, Penarth and Glamorgan Wanderers. Cardiff are pleased therefore to have the chance to act as hosts within their own district and extend a welcome to chairman Alan Jones of the Taffs Well club, and his fellow workers.

Today we have to split our resources in order to compete in the Bridgend Centenary Sevens which heralds the celebrations of the Mid-Glamorgan club's anniversary. They have organised a magnificent tournament which is a fitting tribute to their tradition of wonderful running Rugby. Long may they prosper. It is also congratulations to our own players who won both the Aberaeron and Cardiff HSOB sevens on consecutive days over the weekend before last. Well done lads, it would be a fine victory to win at Bridgend.

Finally, a tribute to Albert Francis and his ground staff. The playing surface looks magnificent — it should be a pleasure to play on it.

P.N.

KNOW THE LAWS

By FRED CROSTER

Hardly seems possible does it that another season is with us already and what an exciting season it promises to be. Never a dull moment and never a close season for the law makers of our game.

That means, in Wales, Hermas Evans and Ken Harris, as our representatives on the International Board — the responsible body — with Hermas also the chairman of the sub-committee which has been working for the last two years on actually re-writing and simplifying the whole book. What a task?

There are, inevitably, changes now as the season is ready to start. Not many, not revolutionary, but we'll deal with them as usual before later coming on to controversial matters.

Did you know that the ball itself has to conform to a specific pressure -I won't go into details but that has been converted to metric figures to conform. Who checks? Something I often wonder.

A clause has also been inserted now as follows: "It is permissible to have spare balls available during a match, but a team may not gain or attempt to gain an unfair advantage through their use or by changing." That's the new

The time allowed for stoppages has also been altered. No longer TWO minutes; just ONE from now on for injuries. This has been introduced to stop what was felt to be an increasing practice in holding up the game. There will still, however, be discretionary powers for the referee in the event of the injury being serious. Common sense obviously in this case but the one minute stoppage has already been criticised in refereeing circles.

Enough for now, A couple more to come.

NEXT HOME FIXTURES

Wed., 6th September: CARDIFF v. GLAM. WANDS. 7.15 p.m. Sat., 16th September: CARDIFF v. COVENTRY 3 p.m. Wed., 20th September: CARDIFF v. PENARTH 7.15 p.m.



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- 14. S. MILLER
- 13. M. MURPHY
- 12. H. DWYER
- 11. N. PARRY
- 10. J. O'BRIEN
- 9. A. JONES
- 1. B. NELMES
- 2. M. WATKINS
- 3. S. SULLIVAN
- P. RAWLINS
- R. NORSTER
- 6. R. LANE
- J. SCOTT
- 7. S. LANE

M. HENRY P. SPARKES

Full Back Right Wing Right Centre Left Centre Left Wing Outside Half

Inside Half Forwards



Replacements

East District

- J. HOPKINS (Llandaff North) 15.
 - W. TYLER (Pentyrch) 14.
- B. DAVIES (Pentyrch) (Capt.) 13.
- H. WILLIAMS (Cowbridge) 12.
 - P.L. JONES (Pencoed) 11.
 - H. JONES (Pentyrch) 10.
- D. DAVIES (Old Illtydians) 9.
 - G. JONES (Pentyrch) 1.
- L. DRUMMOND (Cowbridge) 2. 3. J. JONES (Old Illtydians)
 - 4.
- T. HORNE (Llantwit Major)
- S. MIDDLETON (Llandaff)
- K. SNOOK (St. Peter's) 6.
- J. RIORDAN (Old Illtydians) 8.
- G. JOSHUA (Cowbridge) 7.

B. DIAMOND (St. Peters) A. HARRIES (Pencoed)

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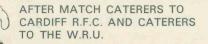
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FIRST XV FIXTURES

1978 SEPTEM	1BE	R		Sat. Tues Sat.
Sat. Wed. Sat. Wed. Sat. Wed. Sat. Wed.	2 6 9 13 16 20 23	Glamorgan Wands. Neath Bristol Coventry	H A H A A A A	1979 JANI Mon Sat. Sat. Fri. Sat.
Sat. Sat. Wed.	7 14 21	(All pay)	H A H A	Sat. Sat. Wed MAF Sat. Sat.
Sat. Sat. Sat. Sat.	1 4	Pontypool	H H A H	Fri. Sat. Sat. Sat. APR Sat. Sat.
Sat.	9	Swansea London Welsh W.R.U. Cup 2nd Ro		Mon Sat. Sat.

ı	IUNES								
	Sat. Tues. Sat.	23 26 30	Bridgend Pontypridd Coventry	H H A					
	Sat.	RY 1 6 13 19 27	Bath Moseley W.R.U. Cup 3rd Heriots F.P. Aberavon	H H Round A H					
		ARY 10 17 24 28	Bristol W.R.U. Cup 4th Llanelli	H Round A					
	MARCI Sat. Sat. Fri. Sat. Sat. Sat.	H 3 10 16 17 24 31	Ebbw Vale Pontypool London Welsh Newport Swansea	H A H					
	APRIL Sat. Sat. Mon. Sat. Sat.	7 14 16 21 28	Gloucester Barbarians Harlequins Neath	A H H					



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