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Centennial XV





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Birkenhead Centennial Committee

- P.O. BOX 34-001 BIRKENHEAD

We are delighted to welcome the Cardiff Rugby team to the City of Birkenhead and their participation in our Centennial.

I would like to thank the Northcote Birkenhead Rugby Union and Sports Club for their support in organising this match

I would also like to thank the Birkenhead Centennial Fifteen for their participation and take this opportunity of wishing Cardiff a most enjoyable tour of New Zealand. I know this Centennial event will further foster the community interest within our City.

an Batter MAYOR and CHAIRMAN BIRKENHEAD CENTENNIAN COMMITTEE



SPIRIT HAS MADE THIS CLUB'S HISTORY SWEET

R.B. Brown is acknowledged as the father of the Northcote rugby club. The young Englishman played local rugby as a boy and in 1928 cast round for support here to start a club.

Competitive rugby was actually played in the area as early as 1908, but as a result of a disagreement with the Auckland union over regrading to senior division, the club was wound up with most players transferring to league.

A.W. Millar refused to transfer, however, and in 1929, a year after Brown formed the club, Millar became a committeeman and the first delegate on the Auckland union.

The inaugural meeting of the club, chaired by P.J. Ryan, was held on April 3, 1929. Sixty-five Northcote v University Eden Park No 1. 1950 players names were submitted to the Auckland union from the club.

Inaugural officers included president Ralph Johnston, secretary-treasurer L. Nicholson and club captain and solicitor P.J. Ryan.

Headquarters at Stafford Park were formed in 1924, but were shared with league and cricket club. during the year. Early rugby training was often held at St Peter's College, now Hato Petera.

Without a clubroom, early meetings were held while jerseys went for 58 cents in the home of committee members or at the May 1932 to May 1933 meetings were held at the home of J.T. Aspen in Stafford Rd. In the mid-30s the clubrooms became the Drill Hall in Kauri Lethbridge and J. Fletcher. Glen Rd. They were leased from the Defence department for \$2.50 a year.

Grant won the championship. A year later Bob Auckland union.



Brown was elected president and was replaced in 1933 by J.W. Lethbridge.

Bob Brown lost his life in 1934 trying to save his son from drowning at Orewa. That same year anniversary. Brown's wife was elected as a life member of the

Subscription costs in 1934 were cheap compared to today. Second graders paid 50 cents,

tearooms at the rear of Brennan's shop. From that moves were made to gain a club headquarters. The property at Stafford Park was purchased in 1935 in the name of trustees today still remains the premier club trophy.

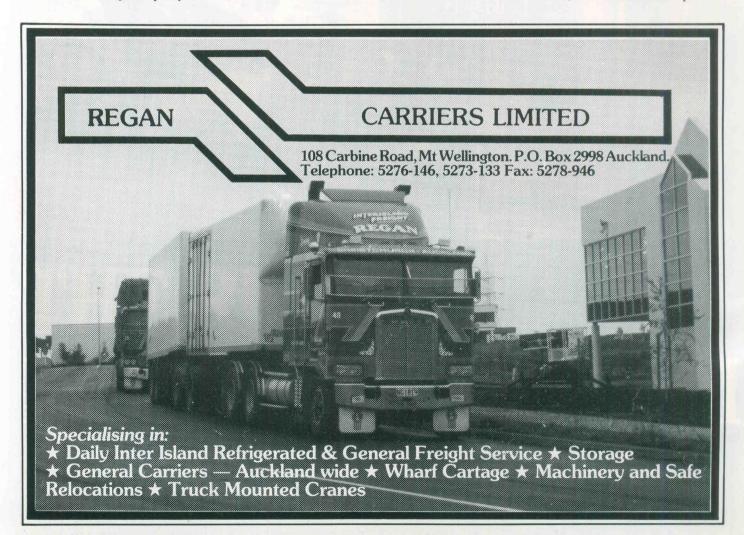
In 1937 the former training shed of the Ellerslie club was purchased and erected on the In 1930 the seventh grade side coached by A.J. site thanks to the financial assistance of the

In 1939 the junior boys colts, coached by K.M. Markwick, and the third grade side won championships to mark the club's 10th

Early in 1940 club members Eddie Taylor, Chum and Don Arblaster, Jack Charman, Cliff Hendl, Jim Marrett, Joe Sainty, Vince Paltridge, Maurice Mutton joined the 2nd Echelon, while Harold Wrightson and Norm Bellamy joined the It was under the leadership of Mr Lethbridge Navy. Mutton lost his life in Egypt, but the Arblasters and Paltridge donated a trophy in his name — the Maurice Mutton Trophy — which

> The early 40s obviously were affected by the war, but the club was steered through this period by president Lethbridge.

The club won six championships between 1940 and 1945, a feat it has failed to repeat.





Northcote v Ponsonby

Epsom Showgrounds, 1949

Following the war years, members of Ed and Bill Setters to set about building much

Two championships were won in 1947, by the hird grade and the junior boys section. Another itle was not won until 1967. In 1947 D. Taylor vas appointed Auckland union delegate, while ilex McLeod replaced Lethbridge as president

In 1948 H.L. (Snow) White joined the club. Ie later became an All Black (1953-55) and layed 234 first class games, including 195 for uckland between 1949 and 1963.

In 1947 Northcote gained Senior A status for ne first time. The club battled between pronotion and relegation for years, finally being legated in 1967.

Taylor's third grade side played a large part in the needed dressing rooms. These years were also idvancement of the club over the next 20 years. marked by rapid growth in club membership.

After holding the presidency for eight years, McLeod stepped down to make way for V.J. Paltridge, who promoted the idea of developing a junior boys subcommittee to specifically promote this branch of football.

The club had functioned as simply an organisation with elected leaders for 26 years, but in 1955 it opted to become an official incorporated body, legalising its position, gaining a constitution and on February 14th earning the name Northcote for alterations to the training shed and social area. and Birkenhead Rugby Union Football Club

The 50s were notable also for the only period Bert Palmer Trophy. in the club's history that it failed to win a Extensive fund-raising marked the start of the championship. But the club had grown to have finished at a cost of \$16,000 with an outstanding)s which allowed Chum Arblaster, Rod Taylor representation in nine grades from senior to 15th. ASB mortgage of \$9500.

Keith Weber entered the scene in the 60s and helped set in motion a series of promotional and marketing ideas which were revolutionary for the

Duncan Taylor became president in 1961 and proudly stated overall membership totalled 512 for which 193 were juniors.

During 1961 White reached his double century of first class matches. As well, three major events helped raise funds — a function at Bayswater, a large raffle, and a bonfire at Stafford park. As a result of these efforts it became possible to tender

A ladies indoor bowls team also cropped up during the 60s. In 1962 the 11th graders won the

By the end of 1963 the club building was

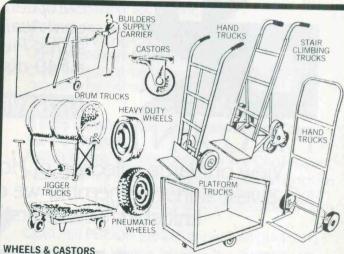


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Duncan Taylor resigned his presidency in 1964, and reliquinshed his position as Auckland union delegate after 17 years service. Greg Perrett became president with Steve Carey delegate. Illness cut short Carey's term and Snow White assumed the position. In 1967 White presented the club with a cup known as the Steve Carey Memorial Cup awarded annually to the player with the highest number of points each

The club fielded 22 teams in 1967 — the best to date. It won the 11th grade but dropped out of the senior A division. In 1968 30 teams played, including 25 junior boys sides.

In 1974 the first team to travel outside New Zealand was named by Northcote. It toured to Australia, and was hosted by Sydney's Western Suburbs club, cementing a reciprocal tours programme which started in 1967 when the Australians came here.

The seniors won promotion to the A division in 1972 and with it took the Jordan Rose Bowl. The same year the 9th grade won a title, the 6th grade a knockout event, and the 11th grade a plate competition. The year 1972 was also successful financially with an end-of-year profit of

A year later, despite a dip in playing numbers, the club started earth work on its new ground at Birkenhead. No lease had yet been signed but the club had assets of \$23,502 and fundraising started in earnest with further development inevitable.

In 1974 the club won several titles, but more importantly finally signed a lease covering 12 acres of land for a term of 33 years.

Later that year, thanks to the enthusiasm of Keith Weber, the magazine Club Spirit was the George Whyte kicking trophy, as he did in \$150,000 and fixed assets of more than \$90,000.



Action from Northcotes' past.

In 1975 the club had unprecedented members, won the Southland Trophy for highest aggregate the naming of the new grounds as Harvey Wright championship points in three teams from 1st to Field, rewarding Wright for the hours of service 8th grades, won a 4th grade title, and the seniors to the club. again took the Jordan Rose Bowl. A world tour was organised in 1976.

The world tour comprised matches in the 1978. USA, London, Wales, Holland and Hong Kong with a record of 8 wins, 2 losses. Weber managed the side, while White acted as coach.

Weber became president in 1976 and a year

In 1977 application was made for approval of

Duncan Taylor was also honoured, becoming a life member of the Auckland union in March

That same year, a \$25,000 stand was erected at the new field.

By the turn of this decade, the club was in great later the club won eight cups. Gary Bancroft won heart with accumulated funds of more than Cardiff's Classy Past

he Cardiff rugby club is arguably the best landing talent in New Zealand teams. It is hard to tradition.

In 1876, the relatively insignificant town was rife with discontent as far as football went. The town's two clubs, Cardiff Wanderers and Glamorgan, were out-and-out losers. They were beaten so regularly by established sides Newport and Swansea that disgruntled members reckoned the only way to reserve this trend was to combine

An important amalgamation occured in 1876 and ever since the Cardiff club has grown into not only an international powerhouse side, but a virtual rugby shrine where overseas enthusiasts come to walk the hallowed turf of Cardiff Arms Park weekly.

It is a club filled with tradition and innovation. For example, it was Cardiff which only six years into its history, changed the game by instigating the four threequarter system in 1883-84. Curiously, it took an Englishman to compile the formation. Frank Hancock, captain of Cardiff in 1885-86, devised the lineup, then went about leading his side to 26 consecutive victories before defeat. New Zealand clubs, such as Ponsonby, regularly seem to contribute players by the best midfield backs in rugby history. droves to All Black sides and more recently, clubs such as Auckland Marist and University are came in the late 40s under Mathews.

known in the sport in the world. Yet 112 contemplate either Kiwi club, however, matching years ago, it grew out of necessity, rather than the record of Cardiff in placing club members in

> Cardiff has placed more than a player a year on average in Welsh teams. More than 170 club players have gone on to national selection. Many, naturally, have become household names and international heroes. Who can forget the achievements of Welsh centres Gwyn Nicholls and Rhys Cabe, good cardiff men, in the immortal victory over New Zealand in 1905? Other pre-war Cardiff stars to hit the big time include Archie Skym and Wilf Woller, plus marvelous centres Bleddyn Williams and Dr. Jack Matthews. The inside back pairings through the years from Cardiff have been numerous and include Haydn Willis, Barry John and Gareth Edwards, Gareth ago 3-8. Davies and Terry Holmes, and Davies and Bobby Norster.

Of course, the golden eras of Cardiff are innumerable. But the club knows how to honour heroes in style, like no other in world rugby.

The gates of the park are named after Gwyn Nicholls, who has long been rated as one of the

One of the more memorable eras for Cardiff

The traditional success has not died and the turn around from the late 19th century losers to modern winners has become complete. This is no where evidenced so much as in Cardiff's extraordinary record in the Welsh knockout cup competition which Cardiff has won five times in six appearances in finals from 1981 to last season.

Few New Zealand clubs, in any sport, can boast of associations with international friends that date back a century.

But the connections in rugby between New Zealand and Cardiff are 100 years old and started in December 1888

Cardiff beat The Maoris — the first touring side from this country which included four whites and lasted four months and 74 matches throughout Britain - 8-3 on December 29,

Next, the All Blacks beat Cardiff 10-8 in 1905-06 on a 35 match tour during which New Zealand scored 970 points and conceded only 59. The side lost only once, to Wales in Cardiff after that infamous Deans try. Remember?

On regular visits to Cardiff since, the All Tanner and Billy Cleaver, Cliff Morgan and Rex Blacks have lost only one other time — 35 years

> Cardiff player Stan Bowes played in that memorable battle. He died in March.

No where is the affinity between Cardiff and New Zealand more apparent than in the gesture made by Northcote stalwart and former All Black Snow White. White travelled to Wales to mourn the death of Bowes, a rugby friend, and acted as pall-bearer to an opponent he both tackled and drank with through several games. That personifies the spirit of rugby between two nations.

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CARDIFF

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I f not the greatest club in the world, as is claimed by its long-serving members, then Cardiff must be most consistent as the records prove. One of the 'Big Four', it is the club that everyone, yes, just about everyone in the world

wishes to defeat. Once in a while they achieve performance. that ambition, and this in itself must be the true have maintained a remarkable consistency of twenty-eight players.

In the 1976-77 season the club celebrated its measure of the club's greatness. It matters more Centenary with true pomp and ceremony, after than Cardiff's post-war record in the club having played well over 3,000 first-class matches championship, which produces an average of in the 100 years and having produced over 150 third place and only once in thirty-three seasons internationals; the most by any Welsh club. It has it fallen lower than seventh position. Although also had a record number of ten in the same they won the title five times in the first twelve national side in 1948. It has been represented on years after World War II and never since, they every British Lions tour since 1904 with a total of



1950 Lion Jack Matthews, Fred Allen, journalist Tudor James, Cardiff player Stan Bowes, Cardiff president Hubert Johnston, All Black Snow White, and Northcote players Dave Crowther and Hugh Arblaster, enjoying the camaraderie of the sport.



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It has remained rather independent in attitude and approach, accepting praise and criticism with equal calm, and has endeavoured to maintain a committee composed of former players. For the greater part of its career, the club played on what is now the Arms Park national ground. This was its true home, but when the time came for the Welsh Rugby Union to have a home of its own, the late president of the Cardiff Club, Hubert Johnson, produced a plan that enabled the Union to take over the Arms Park while creating a club ground alongside it, on what was a splendid cricket ground. Cardiff opened its new club ground in 1970 and it has proved most popular although the club is still encouraged by the Welsh Rugby Union when major tours occur to play the oppostion on the national ground. It boasted the oldest-surviving international until 1979 when Ewan Davis (the club's honorary solicitor) died at the age of ninety-two. Many of its internationals were honoured with the captaincy of their country

The club has always run two sides, the 1st XV and the Athletic or 'Rags' XV. In recent years it has run a successful youth team but there was a stage in its history, between 1926 and 1931, when the club ran two first XVs. This was carried out as a financial experiement, following the purchase of the Cardiff Arms Park, in order to provide a first-class 'home' match every Saturday. Thus in 1926-27 the club created a record that will last for ever, one believes, by fulfilling eight-one first-class fixtures.

Unlike its near-neighbour and perennial rival, Newport, it has never achieved an invincible year, although losing only once in a season on two occasions to Mosely in 1885-86 and to New Zealand in 1905-06 and only twice in the 1947-48 season (Pontypool and Penarth), with the respective captains being F.E. Hancock, Percy Bush and Haydn

Many players have migrated to Cardiff down through the years, especially from West Wales; many to achieve their first caps after so doing, which created the saying, 'if you want a cap, join Cardiff'. Times have changed and the 'Big Four' in Wales have become the 'Big Ten'. Yet it remains important for every other club to beat Cardiff and this may be their way of offering a salute to a great club.

Although the season that has just ended was not one of the best in the club's history, the previous eight years produced a most consistent record of success. The Schweppes Cup competition was won five times and another, a final, they lost narrowly. There was success in sevens competitions and often the Club was able to field nine international

players.

Now the team is in the process of rebuilding and looks forward to the years ahead in its second century. The visit to New Zealand will be a great experience for the party but especially the younger players who should serve the Club handsonly in the future. It is always an honour to paly for a great club. 7.B.G. Thomas



A.D.S. (Unsinkable) BOWES 1917-1988 Bishop of Bath & Wells

than justice, although his achievements were lived many more than one lifetime. I was lucky to in 1938 and played 184 games for the First Team, whilst I accept that no-one is indespensible, life in including the legendary defeat of the 1953 All Cardiff will never be quite the same again. I Blacks team. He captained the Rags for four consecutive seasons, and has been on the Committee 'Ezercian Johnson', certainly not with his denever since. During that time he has served on all tures in his hand at least. Who will lead the Choir the sub-committees, and was Chairman in 1984- in the Chairman's Bar into robust renderings of 85. At the time of his death he was Chairman of 'Tiger Bay' or 'We Are the Boys of the Cardiff the Youth, and Chairman of the Former Players Team'. Association. Those two offices which he held 'I'm a sailor can't you tell'. Yes Stan, we could simultaneously, speak volumes of the man. At the tell, we could tell. Possibly because of his seaone extreme, with the Youth in unfashionable faring background Stan's conversation was quite venues, away from the limelight, watching over salty, sometimes inventive and often invective. It Pictured, The legendary Stan Bowes and Snow their eager strivings to make their name — and at ranged from the profane to the pious. In the White 'an everlasting friendship between Cardiff who really did make it.

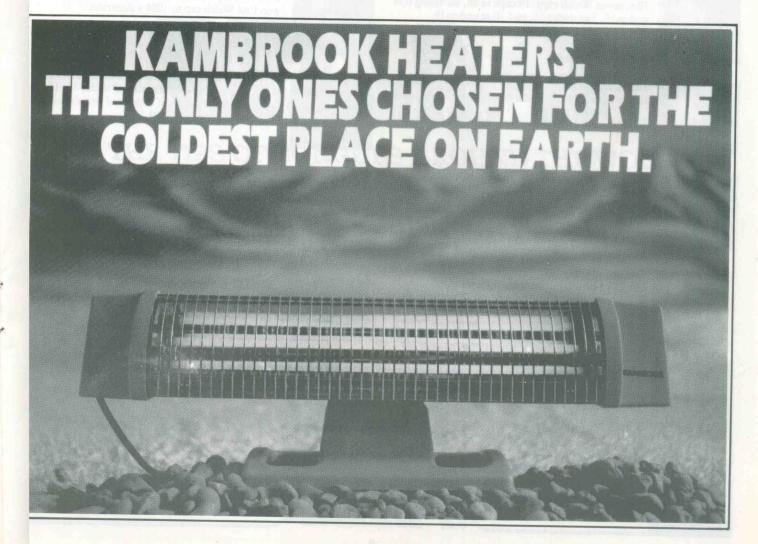
The unthinkable has happened. Former Petty However Stan was much greater than the sum fairer sex. Whilst his demeanour was never quite will never return. Stan was a man bursting with playing the game, into the life-long friendships Cardiff. We have lost a great man of Rugby anyone who dared attempt to lessen its image. with Rugby people. What is more he did just that, story about this great man. Simply to list Stan's services to Cardiff Rugby right up to the very end of his life. Knowing that, over a period of fifty years would be to do him less you will understand that by normal standards he many. He came to Cardiff from Llandaff R.F.C. share some of these moments with Stan, and

never saw him fail to stand in the presence of the relationship'.

Officer Stanley Bowes has proved his mortality, of his achievements. He projected an image, not gallant at the mention of the denizens of Rodney and this has left a gap in the Flotilla's of The only of Cardiff Rugby Football Club, but of the Parade, underneath it all they knew, and we knew, Cardiff Rugby Club, equal to the loss of Nelson to best things in the World of Rugby Football. He there was enormous respect and affection. There the British Fleet. He cannot be replaced because embodied the spirit of camaradarie that grows is enormous respect and affection for Stan throughhe was unique. He was the product of an era that from the bumps and the blood and the mud of out the Rugby World. He will be sorely missed in pride. Proud of his Country, Proud of his City, that blossom when the final whistle is blown. He indeed, a great and compassionate human being. Proud of his appearance, but most of all Proud of was full of life and full of fun, and wanted nothing We will cherish the memories of the man — and his beloved Cardiff Rugby Club, and woe betide more than to share that life and enjoy that fun his bike clips, but then again that's another great



the other extreme — at ease with the great names presence of ladies Stan was propriety itself, and I and Northcote has developed because of their







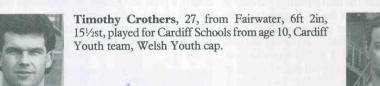
WELSH PEN PORTRAITS

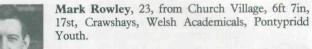


Alan Donovan, 27, from Abercrave, 5ft 8in, 12st 3lbs, five Welsh caps, 3 WRU Cup finals, 2 cup finals with Cardiff, captain of English and British Colleges' sides, Wales B cap 1977, played Wales v Australia (twice), Ireland, England and Scotland. (CAPTAIN)



Alan Phillips, 33, from Pile, 5ft 10in, 14st, 18 Welsh caps, captain of Welsh Youth 1972, British Lion in South Africa 1980, record club try scorer as hooker.







Howard Stone, 26, from Morganstown, 6ft, 2½in, 15st 12lbs, never capped for Wales at any level, played in Cardiff youth side that won all its 40 matches in one season.



Andrew Martin, 27, from Cardiff, 6ft, 12st, played for Welsh Students, Cambridge University, Crawshays.



Stephen Blackmore, 26, from St David's Hospital, 6ft, 15st, five Welsh caps, played Cardiff schools under-12, under-15, St Peter's Cardiff Youth, Cardiff Athletic.



Chris Collins, 28, from Cardiff, 6ft, 16st, Cardiff Youth, Welsh Schools under-19, Loughborough University, English Universities, captain of UAU British Students, Glamorgan County last season.



Gareth Roberts, 29, from Pontlliw, 6ft 2½in, 14st 7lbs, seven Welsh caps, 19 caps in all, including 6 at under-15, 3 at under-16, and 10 at under-19.



Jeffrey Whitefoot, 32, from Bedwas, 6ft, 16st 4lbs, 19 Welsh caps, joined Cardiff 1978, Wales B 3 times, won first Welsh cap in 1984 v Australia.



Ian Greenslade, 21, from Brigend, 6ft, 13½st, under-21 cup winner, youth finalist, both with Cardiff.



Owen Golding, 29, from Dinas Powis, 5ft 11in, 14st 6lbs, Welsh Schools international under 15, 16, 19, captain under-19, captain Welsh and British Colleges, Welsh squad member 1981-82.



Michael Rayer, 22, from St David's Hospital, 5ft 10½in, 13st 2lbs, Welsh Youth captain, five caps at youth level, fullback in last seasons's Schweppes Cup winning team, five caps Welsh B.



Steve Crandon, 23, from Cardiff, 5ft 9in, 13st 7lbs, Welsh secondary schools, Public Schools Wanderers, Wales B, Welsh squad 1984.



Gerald Cordle, 27, from Butetown, 6ft 1in, 13st 7lbs, former soccer player until 19 yrs old.



John Hadley, 23, from Cardiff, St Josephs, Pontypridd, Pontypool, brother plays wing for Wales.



Malcolm Dacey, 27, from Boynmaen, 5ft 11in, 12st, four Welsh youth caps, four Welsh B caps, 15 full internationals, including World Cup squad, British Lions and Barbarians.



Geraint John, 25, 5ft 10in, 13st, Welsh B, Bridgend, South Glamorgan Institute, Welsh Schools.



Raymond Giles, 25, from Kenfig Hill, 5ft 6in, 12½st, Wales Youth captain to South Africa, captain Wales B v Australia 1981, five Welsh caps, including matches against Romania, Fiji and Canada in last year's World Cup.



Mike Parry, 21, from Caerphilly, 6ft 4in, 17st 4lbs, Welsh under 16s, Welsh Schools, District and County, five caps Welsh Youth, Cardiff Youth.



Ron Ayres (TRAINER)



Mervyn John (TEAM MANAGER)



Justin Burnell, 20, from Church Village, 6ft 3in, 16st, Welsh under 16s, 20s, 21s, 23s, Welsh Youth.



Roger Beard (COACH)



Tony Williams (ASSISTANT TEAM MANAGER)

Christopher Hutchings, 24, from Swansea, 5ft 8, 12st 2lbs, 30 games Swansea, 1985-86 Bridgend, moved to Cardiff in January.







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3. CHRIS COLLINS/ **GEOFF WHITEFOOT**

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20. JONATHON STEAD 21. PAUL VEGA 22. GERARD HEATH 23. GLEN BRILL

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CENTENNIAL XV PLAYER PROFILES



Tim Heath, 18 years of age, 12 stone 7lbs, 5ft 11in (fullback). 1st year of senior football for Northcote, Rosmini College 1st XV.



Mick Sweetman, 27 years of age, 15st 8lb, 6ft lin, Rosmini College 1st XV. North Harbour Rep. (B-Team) 1987, (loose-forward).



Craig Burgess, 23 years of age, 12 stone 7lb 5ft 8in. Birkdale College 1st XV, North Harbour Rep. (Colts) 1985, 3rd year for Northcote seniors (Halfback).



Mark Hadfield, 17 years of age, 12st 3lb, 5ft 10in, Birkdale 1st XV (Centre).



Jim Thompson, 27 years of age, 11st 8lb, 5ft 8in, Auckland secondary school rep. 1978, North Harbour Rep. 1985-86. (1st five).



Tony Brown, 25 years of age, 15st 4lb, 6ft 2in, North Harbour Rep. 1987. (loose forward).



Kevin Borivich, Former King Country, Wgtn Prop and recent All-Black and Maori All-Black Prop, moved to Nth Harbour for business reasons. All-Black trialist and Northern Zone Rep. this season.



Graham McKean, 28 years of age, (Northcote), hooker/prop, 180cm, 5ft 11in, 100kg, 15.71st, driver. Promoted from NH 2nd XV as a hooker, he relished the honour and has built up his physique to the stage where he is an accomplished prop. 6 games.

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Ron Williams, (Northcote), prop, 24, 188cm, 6ft 2in, 106kg, 16.65st, land agent. The North Harbour boy who grew up from lowest grades to All Black Trialist as a prop, a master of the techniques, NZ Colt, former Auckland Colt and senior player who has captained North Harbour. A first choice since Harbour's initial match, also has most appearances with 39 games.



Jonathon Steed, 20 years of age, 13st 5lb, 5ft 10in. N.Z. Under 19 Rep. 1987. NZ Secondary School Rep



Kim Libby, 28 years of age, 16 stone, 6ft 3in, (lock). Auckland B Representative 1983. NZ Combined Services Representative 1984-86.



Terry Wright, left wing, All Black, honours 1986, 87, 5ft 11in, 26 years old, 12st 2lb.



Neil Bower, North Harbour Rep. 1985,86 (Lock) 6ft 4in, 28 years old, 15st 6lb.



Brett Craies, Auckland Rep. 1st five. 5ft 10in, 24



Mark Findlay, 1986 All Black. Full Back.



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Simon Clavis, 21 years of age, (Massey), wing, 183cm, 6ft, 84kg, 13.2st, sales rep. 25 games for Manawatu '85, 86, NZ Sec Schools British Isles tour '84-85. games.



Glen Curran, 21 years of age, (EC Bays), utility three-quarter, 92.5kg, 14.6st, plumber. North Harbour Colts, under 19 & under 21, who first played rep rugby in Auckland's 6th grade.



Stephen Bendall, 21 years of age, (Takapuna), half, 177cm, 5ft 10in, 78kg, 12.25st, student. A NZ Schoolboy rep on tour of Britain when North Harbour was formed, who had a good season at senior rep level last year, an able kicker for club and NH. 8 games.



Michael Speight, (North Shore), lock, 195cm, 6ft 4.75, 105kg, 16.5st, sales representative. 43 games for Waikato '83/85, 25 for North Auckland '86-87, All Black '86 in France, NZ Varsities '85, NZ Colt.

Bill Sinclair, 18 years of age, 12st 6lb, 6ft 1in, St. Kents 1st XV



Northcote's Senior Team in 1949. 1949 was the first year blazers were worn in the club. Names left to right. Back Row J. Brewer, P. Higgins, B. Higgins, D. Willis, S. White, G. Nola, J. Dean, B. Grant, G. Arblaster. Middle Row C. Rogers, J. Pope, R. Dobson, P. Jonkers, K. McLeod, J. Retana, S. Arblaster. Front Row J. Mathews, D. Ferra, F. Taylor, D. Dalgliesh, B. Sutcliff, J. Rusk, D. Arblaster.

Medicine and Rugby

last 10 years. Subsequently the benefits of the universal medical knowledge of the Sports Players.

It has been resolved that a scientific approach to fitness training and pre-session preparation has resulted in fewer injuries and superior physilonger does a hard practice mean three or four players physically ill and loss of the squad so sore teams performance. The adaption by leading cartilage the end of a career. teams of qualified, physical educational special-

S ports Medicine in New Zealand has only evolved as a recognised subspecialty in the evolved as a recognised subspecialty in the they do best—select and coach players and avoid two All Blacks in the World Cup in 1987. what they often do badly - fitness and preseason preparation work. There is still a need for Doctors, physiotherapists and physical educators more specifity in players training, e.g. with can dramatically reduce the time off with injury. have had a direct benefit to New Zealand Rugby strenghtening for props and jumping skills for The maximum of REST, ICE, COMPRESteam players with different fitness requirements appropriately reduces the convalescent time for to be all doing the same training. North Harbour soft tissue injuries. In the first 48 hours of injury and most clubs have coaching co-ordinators who ice or cold packs should be used intermitently for cal developments and strength of the players. No can assist in advice for more individual players 10-15 minutes every 2-3 hours (beware of ice programmes.

over the next few days that it adversely affects the siotherapy and sports surgery. No longer is a torn on Saturday nights then roll into the Hospital on

ists like Jim Blair (Auckland) and Ian Paterson sible for cartilages to be removed and be back

Teams are realising the need for a close liaision with physiotherapist and doctor. Early diagnosis lineout forwards. No longer is it good enough for SION and ELEVATION is important and used burns). Early assessment is vital for rapid recov-There has been needed improvements in phy-Sunday morning. Early diagnosis and rapid Modern arthrostopic surgery has made it post reatment enhances and reduces time off Rugby. _Dr John Mayhew..

Rizla Wraps Up Top Rugby Club



The 1988 Cardiff Rugby Team.

Sponsore
by Rizla

Back row: Left to Right: Tony Williams (Asst. Team Manager), Mike Rayer, Tim Crothers, Howard Stone, Steve Blackmore, Justin Burnell, Mike Parry, Mark Rowley, Gareth Roberts, Jeff Whitefoot, Andy Martin, Roger Beard (Coach), Mervyn John (Team manager).

Front row: Left to Right: Ron Ayres (Trainer), Chris Collins, Geraint John, Ray Giles, Alan Phillips, Alan Donovan, Gerald Cordle, Ian Greenslade, Owen Golding, John Hadley, Malcolm Dacey, Steve Crandon.

The association between sport and the tabacco industry is strong in New Zealand

A multitude of sports sponsorships originate from the industry and its periphery. It should come as no surprise then that the Cardiff Rugby Club comes to New Zealand in a year that it has its first involvement with Rizla, a leading maker of cigarette paper.

Cardiff is the world's leading rugby club and it seems a natural choice for it to have Rizla as a sponsor. Over the last decade, Rizla has been involved in a variety of international sponsorships, from Formula I grand prix motor racing, hang gliding, power boat racing, yachting, to motor cycle racing.

In Britain alone, Rizla backs darts, in Belgium it supports stunt cars and it is a premier sponsor of the Tour de France cycle race.

The link with Cardiff rugby is envisaged as long term.

Rizla is a name that requires some explanation. Because of its appearance and texture, the first cigarette paper was called rice paper. The French world for rice is Riz. This was combined with a visual pun on the French name LaCroix (meaning Cross) which produces Rizla.

During the early 1930's Rizla was commanding 30% of the British cigarette paper market. By 1937 a factory had sprung up in Wembley and by 1969 the industry had so grown that the Wembley plant was closed and shifted to Treforest. Now the annual production of paper in the South

Wales area is enough to stretch round the world 25 times.

The New Zealand agent for Rizla International Marketing is Ponui Industries Ltd, a Glenfield based company established in 1982, whose managing director is Walter Bishop. It is an incredible coincidence that Cardiff, a team visiting the North Shore area, should be sponsored by a company with Kiwi ties only minutes from the Northcote club.

Rizla products are distributed nationally here from a Glenfield warehouse.

Cardiff is fortunate to have such a reputable sponsor, one that this year will also back the Kawasaki European motorcycle team in the Isle of Man TT races.

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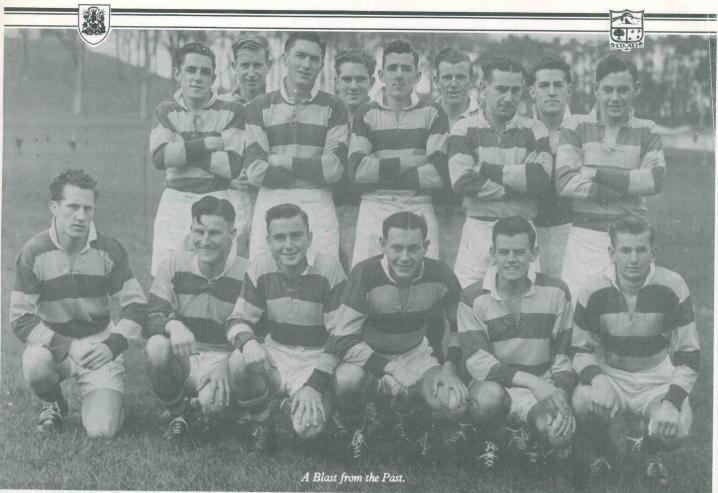
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Northcote's Senior Team — 1944 Picture taken at the Auckland Domain

Back Row K. Burgess, I. Bartilavich, D. Cookes, B. Sutcliff, G. Stewart, J. McBurny, R. Milner, B. Sutcliff, B. Higgins Front Row B. Milner, F. Tyler, J. Ferner, P. Higgins, B. Naughton, O. Burnett.

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Birkenhead Centennial XV







The Welsh Offer A Wales of A Time

S ome years ago when the Northcote and relentless will to Birkenhead senior rugby team went on their their good nature. world tour, I took the decision to withdraw from

my life. The tour, among other places, took the team into the rugby cauldron of Wales.

Later I quizzed some of my team-mates about their experiences. All enthused over each and never stopped rolling out. every segment of the tour, but they reserved a when they told the story of their matches in

and rivalry that exists in New Zealand-Wales Cardiff. rugby clashes.

It was years later, during a three-year stint in England, that I was able to see Welsh rugby

Brief tours there with an English club side and then a social team brought me face to face with the reality of Welsh rugby.

I had been expecting tough, physical matches against teams which, if they lost, would sulk and glower in the bar until persuaded to let loose with some of their famous singing.

ence to the unforgiving nature of the Welsh — a down. people so impassioned by rugby that their The songs were belted out with renowned

relentless will to win sometimes overpowered Welsh wizardry and they painstakingly taught us

Not a bit of it. Certainly the rugby was hard enough — but then any Kiwi who goes to Wales It was one of the more regrettable decisions of with an English rugby team has to expect a bit of extra attention on the field.

> But what hospitality. Even to the English their traditional enemies - the welcome mat

It was especially so in 1980 when I journeyed All Blacks. special reverence — a sharp gleam in the eyes — with a Welsh friend, to see the All Blacks play Wales at Cardiff.

After the match my friend dragged me to what and off the field. It was a good example of the special affinity he said was the only Welsh-speaking pub in

> We crashed through the door — five happy sea of stern, unsmiling Welsh faces. It did not us to some Welsh magic. look a happy place.

were New Zealanders the inhabitants of the pub long-standing friendships in Wales to thank for — all complete strangers — went into a frenzy of today's encounter. hospitality. I have never seen anything like it.

Pint after pint of potions from the local Brains brewery, particularly a powerful brew called Brains S.A. (which the locals said stood for "Skull Tales from All Black tours and other New Attack") were pushed at us and any attempt to too. Zealand rugby ventures often included a refer- repay this largesse by buying a round was howled

the Welsh words to several songs.

Only later did my Welsh friend tell me that the song I had been lustily bawling in my excruciating Welsh was an impassioned plea for Welshmen to burn down the holiday homes of English landowners with properties in North Wales.

Our hosts were Welsh Nationalists whose dream of independence ranked with beating the

The point of all this is to illustrate that New Zealand and Wales have a special bond both on

Today we will see the rare sight of Welsh rugby on the Birkenhead Memorial grounds and maybe elegant players like Malcolm Dacey — one of a Kiwis and our Welsh friend — to be greeted by a handful of internationals in the team — will treat

Tours here by Welsh teams are regrettably But what a night. As soon as they found out we infrequent — we have Snow White's energy and

> So, regardless of who wins today, it would be fitting if the Cardiff team could be sent home to tell a few tales of New Zealand hospitality. Who knows, we might even beat them at the singing

By Paul Lewis, NZ Herald Rugby Writer

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The Armorial Bearings CITY OF CARDIFF



Description

Prince of Glamorgan, who lived in Cardiff Castle about 1030-1080. In later times, the bearings became the Arms of the Lords of Glamorgan and Cardiff. Thus the Welsh and Norman history of the city is suggested, and the chevronels of the former Arms are retained. The dragon plants the staff of the standard upon the green mount whereon he stands, and from which springs the leek (the floral emblem of Wales). The motto beneath the shield reads 'Y ddraig goch ddyry chchwyn' (the Red Dragon will start or lead the way). The whole bearing symbolizes the City of Cardiff in its metropolitan

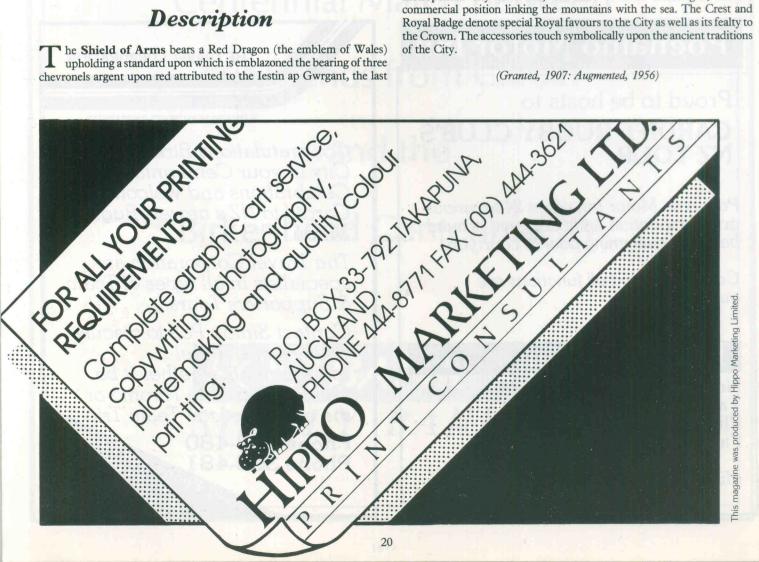
The Crest consists of a Tudor rose on Three Ostrich Feathers argent, issuing out of a Mural Crown. The Three Ostrich Feathers form the badge of the Prince of Wales, and their use was specially authorized by Royal Warrant. The Tudor Rose and the Mural Crown (part of the old Arms of Cardiff) are reminiscent of the past history of the City.

The motto for the Crest reads 'Deffro mae'n ddydd' (Awake, it is day). The Crest is supported by a tilting helmet of ancient form.

The Supporters of the Shield are, on the dexter side, a Welsh goat (an ancient emblem of the mountains of Wales), and on the sinister side, a hippocamp or sea-horse (representing the Severn Sea and the carrying trade of the port). The Royal Badge for Wales is pendant by a golden chain from the neck of each Supporter, pursuant to Royal Warrant and Authority of Her Majesty Queen Elizabeth II following the recognition of the City of Cardiff as the Capital of Wales.

As a whole, the Arms depict the status of the City of Cardiff as the metropolitan city of Wales, the shire town of Glamorgan, and its commercial position linking the mountains with the sea. The Crest and Royal Badge denote special Royal favours to the City as well as its fealty to the Crown. The accessories touch symbolically upon the ancient traditions

(Granted, 1907: Augmented, 1956)







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