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Club Coaches: R. BEALE, D. HUSSEY. J. HALL-MOORE

Club Physiotherapist: V. PUGH, L.C.S.P. (Phys.), M.I.N.T., F.R.S.H.

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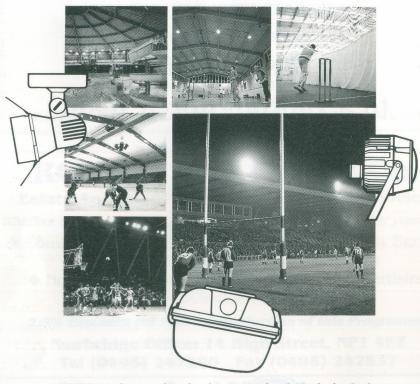


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#### CLUB NEWS THE CAPTAIN SAYS — A New Start

It was a mixed feeling of delight and surprise when asked to captain Newbridge R.F.C. for the 1993/94 Heineken campaign, but one that filled me with tremendous pride.

These are early days, but I see my role at the club to work alongside the coaches in their drive to develop the current squad and to try and lead by example by giving 100% both on and off the field and I will do my utmost to guarantee Newbridge's future success.

After the disappointment of last season it has been a summer of change at the club. Players have come and gone, but we now have a blend of experience and youth — all anxious to make their mark. We have also delved into the past for our coaches and have called up two "old boys", Robert Beale and Dai Hussey. Under their expert guidance and that of our fitness coach, John Hall-Moore, plus a couple of months of hard training, there is now a self-belief amongst the squad.

Although miracles are not born overnight, I believe the dark

clouds of doubt and despair from last season have dispersed.

We didn't clock up a victory against Swansea, but as a new team we gained valuable experienced, which we can build on, learn from and use as a springboard for the rest of the season.

Finally, echoing the Chairman's Address last week, "Each of us has a part to play whether player, coach, committee member or supporter. We are all needed and have our part to play."

I know you will join with me in wishing our coaches and we, the players, the best of luck and every success and that we can count upon your full support throughout the season.

ANDREW COLLINS



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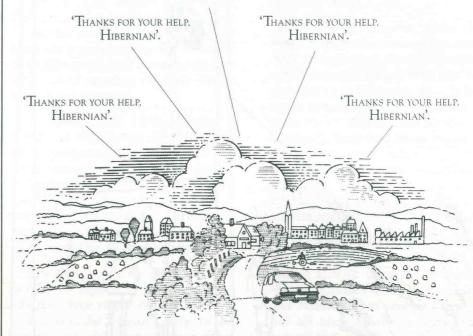


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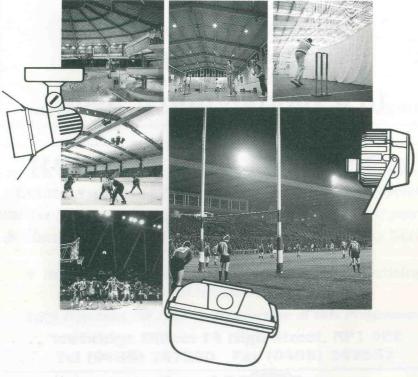


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#### **UNDER-19's NOTES**

#### YOUTH

The Youth team travelled to Machen last Saturday and gained their first victory of the season, Merion Jones kicking a first half penalty which provided to be the only score of the game.

Coach Mike Shepherd is still anxious to increase the size of the squad. anyone wishing to join is invited to attend Youth training sessions at 6.30pm, Mondays and Wednesdays.

The first Youth Team Re-Union will be held on Friday, 24th September. All ex-players, officials and friends are welcome to attend and meet old team-mates and renew friendships.

#### **JUNIORS**

Our U15's trip to Blaenavon was successful, they came away with a 12-try win, Gareth Evans scoring a brace of tries on his debut. Chris Stone also played well in his first game for the club. Barry and Gus took the opportunity to give all of the squad a run-out and all performed well. Islwyn District games also kick-off this week today and Tuesday, one of which is against Pontypool Schools District.

#### **MINI RUGBY**

The Big Day is tomorrow, the Mini's first annual Festival. Kick-off is 11.00am on the Celynen Fields (School Pitches). The help we have had from everyone at the club has

been tremendous, and we thank them in advance of the event. All we need now is sunshine! Please come along and support us, we have entertainments, side-shows and refreshments as well as some good junior rugby. I will be taking a change of clothes, as I believe I will believe I will be spending some time in the stocks!

Serves me right for being daft enough to suggest it in the first place!

See you there!

Cwmbran's visit last weekend resulted in some excellent rugby our U8's going down by 4 tries, our 9s, 10s and 11s winning, and our seriously depleted U12s having to borrow players to give Cwmban a game. Players are desperately needed for this age group or the team will soon fold. If you know of a boy who has just started comprehensive school who would like to play rugby please contact me on 245873 or come along to training at 6pm on Wednesdays (Top Fields) or Sundays at 10.15 at the Welfare. Coach for the U12s is Barrie Lewis, Tel 246601

#### **MASCOT**

Today's mascot is our U8S player, Grant Jones. Grant is one of our youngest members, he was 6 years old last February. he lives at Hill Street with mum and dad and sister, Carly, and attends Tynewydd School. Grant's hobbies include bike riding and rugby, usually with his friends, Gavin and Liam, along with his dog, Tico. Favourite soccer team is Liverpool, and favourite rugby teams are Wales and Newbridge. Grant thinks Andrew Gibbs is wonderful!

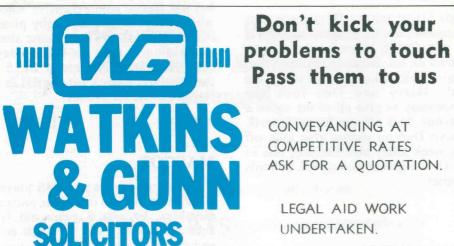
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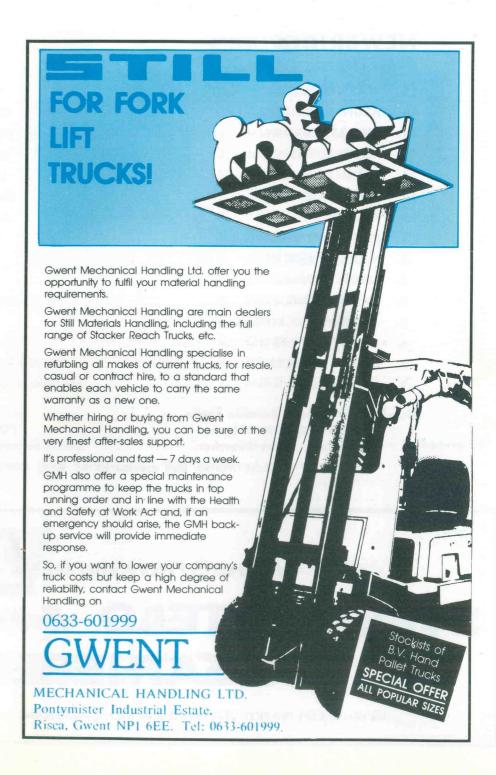
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13. RICHARD BROWN

12. ALAN LUCAS

11. ALUN GLASSON

10. ANDREW GREEN

9. PAUL YOUNG

PAUL EDWARDS

2. MARK WYSOCKI

MIKE THOMAS

CHRIS CRANE

ANDREW COLLINS, Captain

6. ANDREW GIBBS

DAVID ROBERTS

7. PAUL POOK

Reps: Peter Morrelli, Brendan Fisher, Gavin Pugh, Terry Rodgers, Steve Reed, James Churcher.

Full Back

Right Wing

Right Centre

Left Centre

Left Wing

Outside Half

Inside Half

Forwards

Referee

Mr. Gareth Symonds, Heath.

Touch Judges

Mr. Roy R. Lee, Pontnewynydd,

Mr. John S. Griffiths, Griffithstown.

Next Home Game: PONTYPRIDD

Sat. 18th Sept. Kick-off: 2.30 p.m.

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11. NIGEL WALKER

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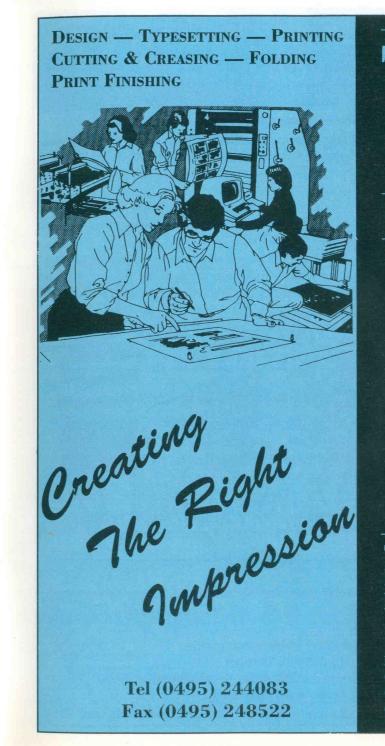
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#### SUPPORTERS' NOTES

WELL, WELL!, how near we came to beating Swansea last Saturday! What a performance by our team. Everybody played well, but allow me to mention one, Wayne Taylor, at full-back, his was the best performance in that position I have seen for a long time.

And you, the SUPPORTERS, were magnificent: behind the team calling NEWBRIDGE — NEWBRIDGE. It was a joy to hear.

Our Gareth Beese scored two tries for the Welsh Exiles in the final, as they lifted the Lord's Taverners Under-21 Sevens Trophy, last weekend. Before beating the home squad 17-7 in the final, the team had dispatched such teams as Harlequins, Richmond and Cardiff.

Our first "away-day" transport is to Dunvant on Saturday, September 25th. The normal list will be on the NEW NOTICE BOARDS — an excellent piece of work by David Howells. Thanks David.

Diaries are again on sale today which gives you membership of the Supporters' Club and an opportunity to win today's half-time draw. Diary holders will be eligible for our £50 Prize Draw on Saturday, 2nd October, after the game against Cross Keys.

"Have a nice day" There is always a welcome at the Welfare!

G. Paterson

#### OFFICERS AND COMMITTEE 1993-94

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Chairman: G. GRIFFITHS. Secretary: G. PATERSON.

Vice-Chairman: T. HILLIER. Treasurer: A. NORMAN.

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#### Committee:

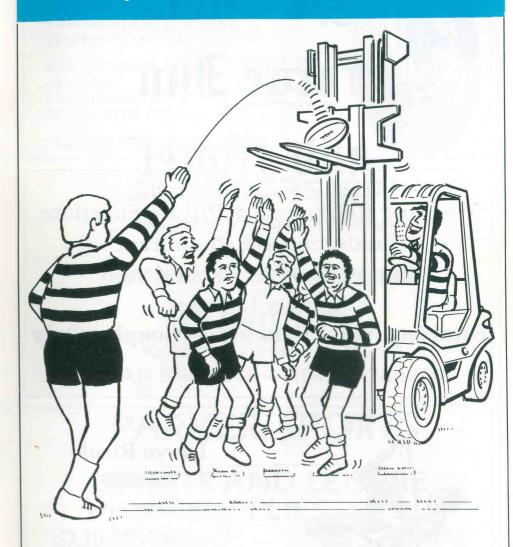
J. Griffiths, R. Hale, W. Harris, Mrs. J. Howells, Mrs. L. Peachey, C. Lewis, W. Coles, P. Powell, G. Evans, S. Smith.

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#### THE LAWS OF THE GAME

Last week dealt with the line-out, but before we go on to "Ruck & Maul", there are a couple of new amendments relating to the line-out; they are:

A free kick from inside the 22 can now be kicked directly into touch — and directly into touch how means the ball being kicked into touch on the full without touching the playing area, the players or the referee. At a quick throwin the same ball must be used, it must not have touched anyone except the players and it is up to the referee to decide if the quick throw-in was taken in the right place. If, however, anything goes wrong with the quick throw-in then the non-offending team have the option of taking a line-out or scrum at the place where the quick throw-in was taken.

The experimental ruck and maul law continues, i.e. the team taking the ball in are responsible for the stoppage and therefore lose possession; the referee will allow a reasonable time before blowing the whistle. He will not, however, allow a second shove.

The new amendment concerns the offside at a ruck or maul and it means that any player joining the ruck or maul must do so behind the hindmost feet zone and not just behind the ball.

A new experimental variation regarding the maul came into operation this season. It concerns a kick from an opponent; if a player catches the ball from any kick by an opponent, except a grubber kick, then if a maul forms immediately and the maul stops moving or the ball becomes unplayable, the catcher's team shall have the put-in at the scrum.

Finally, from this week handling in the ruck becomes a penalty instead of a free kick.

ENJOY THE GAME

S.H.M.

#### **SPORTS QUIZ** — Questions by Jonathan Merton

- 1. Which country does Mark Girardelli ski for?
- 2. What sport do the New York Mets play?
- 3. Which team won the Schweppes Rugby Union Cup in 1983?
- 4. In 1984 which athletics star was given a British Passport in 13 days?
- 5. What was then name of the horse Bob Champion rode to victory in the Grand National?
- 6. Which football team are nicknamed the Quakers?
- 7. Who won the World Professional Snooker title in 1985?
- 8. Which activity would you associate with Hairy Dogs and Cut Lips?
- 9. Four Formula One racing drivers with surnames beginning with 'S' have won the World Championship; who are they?
- 10. Which team did Marseille beat in last season's European Champions Football Cup?

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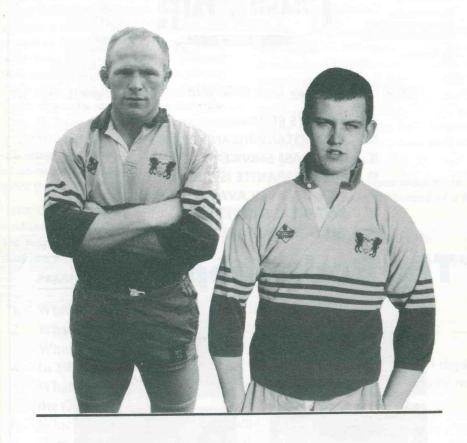


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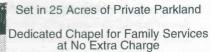
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#### ROBERT BEALE, DAVID HUSSEY & JOHN HALL-MOORE — THE CLUB COACHES

Our three coaches, Robert, David and John, easily recognisable in the caricature as Bonker, Dai the Piano and John Cap — not Dai1, are moulding a future the club will be proud of.

Born in Brecon in 1955, fitness consumes John's life and he played his early rugby at centre three-quarter and full-back before becoming interested in coaching whilst teaching at Bedwas (enter Jim Stokes!). He is a WRU coach and has coached county and club sides before leaving Tredegar during this summer to join us. Married to Cheryl, they have two boys.

David Hussey, born in Caldicot in 1959, has responsibility for our backs. His rugby developed to a Welsh Youth cap — later he played for Ebbw Vale and Pontypool and held a post-war record at "Pooler" of 37 tries in a season. Then, before returning to Caldicot to coach their side, he played 150 games for our club and now he has arrived back at Newbridge to work with John and Robert. Married to Jayne, they have two boys and a girl. Beside being an adept sportsman, he can equally demonstrate his musical skills on the keyboard.

Robert "Bonker" Beale heads the team. A Risca boy, born in 1955, he played his youth rugby there to gain a Welsh Youth cap. In 1979 he came to play for Newbridge at the age of 23, to play a committed dedicated game at lock forward, before returning to Risca in 1987. He coached Risca during the last 3 seasons. Married to Hillary, they have a daughter and son — and young David plays for Risca Mini.

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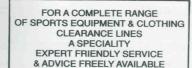
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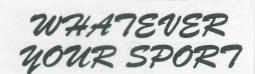
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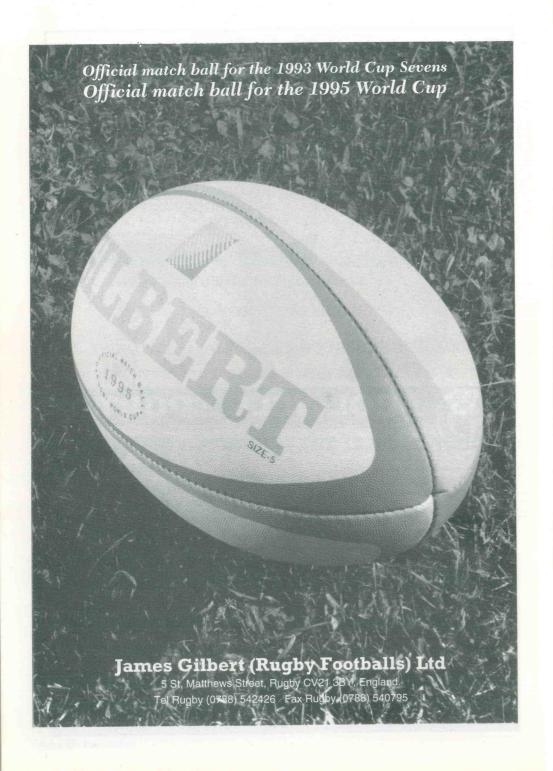


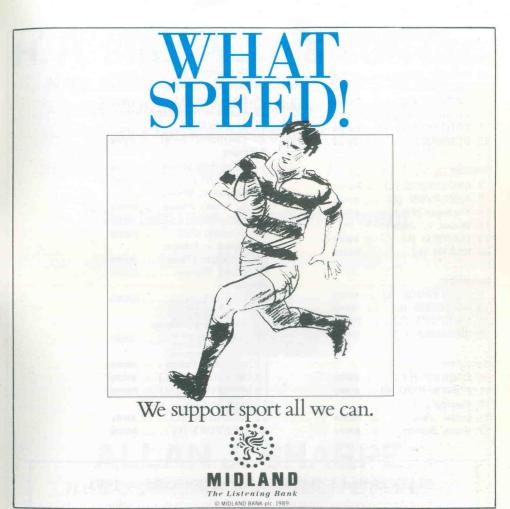


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#### NEWBRIDGE R.F.C. — FIXTURES SEASON 1993-94

September	January
1 Crumlin (Wed.) away 4 SWANSEA (L) home 11 CARDIFF (L) home 14 Penallta (Tues.) away 18 PONTYPRIDD (L) home 25 DUNVANT (L) away	3 DUNVANT (L) home 8 ABERAVON (L) home 14 Maesteg (Fri.) away 15 Wales v. Scotland 22 Swalec Cup. 29 CROSSKEYS (L) away February
October  2 CROSSKEYS (L) home  9 ABERAVON (L) away  15 Tredegar (Fri.) away  16 Wales v. Japan  23 LLANELLI (L) away  30 NEATH (L) home	1 Berry Hill (Tues.) home 4 Bath (Fri.) away 5 Ireland v. Wales. 8 S. Wales Police home 12 Ebbw Vale away 18 Maesteg (Fri) home 19 Wales v. France. 22 Tredegar (Tues.) home 25 Glam. Wands home
November 6 PONTYPOOL (L) away 13 BRIDGEND (L) home 20 NEWPORT (L) home 27 SWANSEA (L) away	March 5 LLANELLI (L) home 12 19 England v. Wales. 26 NEATH (L) away April
December 5 CARDIFF (L) away 11 PONTYPRIDD (L) away 18 Swalec Cup. 21 Ebbw Vale home 27 Glam. Wands away	2 S. Wales Police away 4 Abertillery (E.M.) away 9 PONTYPOOL (L) home 16 Swalec Cup 23 BRIDGEND (L) away 30 NEWPORT (L) home

#### MATCH BALL DATES AND SPONSORS — 1993

September	4th — 11th — 18th —	King David Tyres, Pontllanfraith King David Tyres, Pontllanfraith Three Horse Shoes Inn, Pentwynmawr
October	2nd — 30th —	Ken Hodges, Electrical, Newbridge King David Tyres, Pontllanfraith
November	13th —	Newscene, Blackwood
December	21st	

Scheckter and Ayrton Senna, 10. Barcelona.

1. Luxembourg, 2. Baseball, 3. Pontypool, 4. Zola Budd, 5. Aldaniti, 6. Darlington, 7. Dennis Taylor, 8. Angling — types of flies, 9. Jackie Stewart, John Surtees, Jody

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