

# CARDIFF BLUE BLACK EST. 1876

## CARDIFF V MERTHYR



**Saturday 2<sup>nd</sup> September 2017**

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# WELCOME

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Welcome to Cardiff Arms Park for today's Principality Premiership match between Cardiff and Merthyr.

It has seemed like a long time since we saw league rugby here even though it has only been three short months. The pre-season for Cardiff has been a successful one with three games taking place- although one was based around a training game – and three wins. That was a good reflection of where the squad are in terms of readiness. A hard fought win against the Quins last time out here showed what was needed to be worked on prior to the season starting.

We of course have worked hard in the close season both on and off the field preparing from the League start and you can catch up on these preparations later in the programme. We have of course a new coaching set up from last season and we welcome Steve and his team to the Arms Park. They will be available in the club house following the game and are quite happy to take any questions regarding the season ahead should you have any.

Our visitors today are the reigning Champions having won the title in a hard fought final at the Talbot Athletic Ground at the end of last season. The 22-18 score-line reflected how close the top of the league was in the end, but no one doubts that the Ironmen were worthy champions. They will again be the side to beat as they have recruited well. Their two pre-season games have also given them the momentum going into the new season.

It's all change again in terms of format this season with the East of the League playing each other home and away before the league come back together as one post-Christmas. This means at the end of the first half of the season points will be awarded (1-8) for the place you finished in the league and that will be added to the points earned from playing all the teams in the league (either home or away) post-Christmas. That amounts to 29 games and it makes you wonder why by having an extra game we could have had a home and away season?

But today is all about a good start at home, so we welcome the Ironmen, their coaching staff, players, committee and supporters to the Arms Park.

*Enjoy the rugby!*

---

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**Backs Coach:**

Llyr Lane

Forwards Coach

Neil Edwards

**Asst Coach:**

James Dixon

**Team Manager:**

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Viv Jones

**Produced by:**

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The views expressed in this program are not necessarily those of Cardiff RFC





# LAST TIME OUT

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## Glamorgan Wanderers - Cardiff

Cardiff RFC held a competitive training session at Glamorgan Wanderers last night that saw most of the squad have a run out in game conditions.

The session started with the forwards having lineouts and scrums against the Wanderers pack both offensive and defensive before two 20 minute sessions under normal game conditions took place. The starting XV for the first session was Lewys Montague, James Beal, Lloyd Chalke, Will Rees Hole, Oli Smyth, Gareth Thompson, Mike Hale, Ken Dowding, Ryan Spriggs, Rob Lewis, James Murphy, Chris Smith, Ben White, Tom Wilson, Reuben Tucker.

The Blue & Blacks spent most of the session in defensive mode and held the Wanderers at bay. When they did get the ball the spun it wide to try to create space. The one try came following a fantastic break by Lewys Montague. He fielded a kick through in his own half before showing great pace to beat most of the Wanderers defence. His chip through into the twenty-two was expertly picked up off the floor by James Beal who flicked it on to Ryan Spriggs who crossed in the corner.

The second period saw run outs for Joe Tomlinson, Gavin Nash, Fraser Young, Tom Madley, Cory Tucker, Luke Crocker, Gwion Jones, Rhodri Cole, Cameron Gibbon, Cody Rees and Llywarch Ap Myrddin. Cardiff had most of the ball in the second session and worked their way up field through several phases. When it was time to strike Joe Tomlinson was on hand to go over for the sessions only try.



## Taunton 19 Cardiff 42

Cardiff ran out comfortable winners at Hyde Lane against a spirited Taunton side that made them work hard in the early stages.

It was the home side who had the better of the first of three 30 minute periods. They pressed hard and dominated possession for most of the period. But, on a day when the weather even tempted the coldest of committee members to go without a jacket, the Blue & Blacks backline wanted to run with the ball. Owen Lane's break paved the way for the opening try finished off by James Beal after a great timed pass from Rhodri Cole.

The Titans got on the board a few minutes later when Isaac Downton went over, but Cardiff's lead was extended when Lane again went through this time his pass allowed Reuben Tucker to cross. Gareth Thompson converted both.

In the second period with several changes in both sides it was more of the same. The forwards were now working hard to secure more ball and that was used to great effect when Pat Lewis sped down the flank to put Codey Rees over. It wasn't all attack though, defensively the Blue & Blacks were sound with Llywarch Ap Myrddin solid at full back and the back row of Ben White, Luke Crocker and Tom Wilson outstanding. The fourth try was a second for Codey Rees before Will Rees Hole, who had been a thorn in the Titans side, crossing for the fifth.



The final period saw three more tries, two for the Titans before the pick of the games tries by Owen Lane. Picking up the ball near the half way line the centre ghosted through the static defence before popping on the after burners to score. Gareth Thompson converted for a final score of 42-19.

## Cardiff 12 Carmarthen Quins 5

Cardiff won a tight last pre-season friendly against Carmarthen Quins at the Arms Park.

The game saw several changes to the side that beat Taunton the week before due to Blues call ups and a couple of knocks picked up along the way. The Quins started brightly and their scrum became a dominant feature of the first half for them, earning several penalties that put them in good field position. That was to be thwarted though by outstanding Cardiff defence. On several occasions the Quins threatened the line but were held at bay by staunch tackling.



The only area that the Blue & Blacks will want to work on the defence around the fringes as the Quins broke through that area several time. Those breaks though were stopped by the back three. The defence of Ceri Young, Pat Lewis and Llywarch Ap Myrddin was outstanding as the stopped what seemed certain tries on at least three occasions.

Cardiff were always on the back foot. When they had the ball they looked to go forward and the partnership between 9, 10 & 12 was developing nicely. Rhodri Cole was a live wire at scrumhalf around the fringes and Gareth Thompson and Will Rees Hole combined to set up several chances, unfortunately the last pass didn't go where the Blue & Blacks wanted it.

The Quins were the first on the board. For once Cardiff simply ran out of defenders. The ball was whipped wide and Lewis Millen was able to scramble over. The stirred Cardiff and then took the lead after the forwards had put Cardiff in a great position. Thompson fired the back line and when he found a galloping Cory Tucker he was able to put him through a hole in the Quins defence for the in Quins defence. The second row still had a bit to do but was able to make it to the line for a try that Thompson converted.

The second half saw Cardiff attack with much more determination. Rees Hole and Daffydd Smith were causing the Quins no end of problems and with the pace of the back three the Blue & Blacks looked likely to score every time they had the ball. Only stout defence from the visitors and a couple of adjudged forward passes stopped that from happening. Cardiff did eventually get their second. Great build up work by Ap Myrddin and Lewis put the Quins on the back foot, and Thompson was again the provider as he sent Man Of The Match Rees Hole over. That proved to be the last score and Cardiff will now look forward to the start of the Premiership on Sunday at Rodney Parade



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# **2017/2018 Season** **FIXTURES & RESULT**

Date	Day	Home	Away	KO	Comp	Result
12/08/2017	Saturday	Taunton	Cardiff	14:30	FR	W 42-19
19/08/2017	Saturday	Cardiff	Carmarthen	14:30	FR	W 12-5
27/08/2017	Sunday	Newport	Cardiff	14:30	PP	
02/09/2017	Saturday	Cardiff	Merthyr	14:30	PP	
09/09/2017	Saturday	Bargoed	Cardiff	14:30	PP	
TBC	Saturday	Cardiff	Cross Keys	TBC	PP	
23/09/2017	Saturday	Cardiff	Ebbw Vale	14:30	PP	
30/09/2017	Saturday	Bedwas	Cardiff	14:30	PP	
07/10/2017	Saturday	Cardiff	Pontypridd	14:30	PP	
28/10/2017	Saturday	Cardiff	Newport	14:30	PP	
04/11/2017	Saturday	Merthyr	Cardiff	14:30	PP	
TBC	Saturday	Cardiff	Bargoed	TBC	PP	
18/11/2017	Saturday	Cross Keys	Cardiff	14:30	PP	
25/11/2017	Saturday	Ebbw Vale	Cardiff	14:30	PP	
TBC	Saturday	Cardiff	Bedwas	TBC	PP	
23/12/2017	Saturday	Pontypridd	Cardiff	14:30	PP	
30/12/2017	Saturday	Newport	Cardiff	14:30	PP	
06/01/2018	Saturday	Neath	Cardiff	14:30	PP	
03/02/2018	Saturday	Bridgend	Cardiff	14:30	PP	
TBC	Saturday	Cardiff	Merthyr	TBC	PP	
17/02/2018	Saturday	Llandovery	Cardiff	14:30	PP	
24/02/2018	Saturday	Cardiff	Neath	14:30	NC	
10/03/2018	Saturday	Cardiff	Swansea	14:30	PP	
17/03/2018	Saturday	Carmarthen	Cardiff	14:30	PP	
TBC	Saturday	Cardiff	Aberavon	TBC	PP	
30/03/2018	Friday	Bargoed	Cardiff	14:30	PP	
02/04/2018	Monday	Cardiff	RGC1404	14:30	PP	
07/04/2018	Saturday	Bedwas	Cardiff	14:30	PP	
14/04/2018	Saturday	Cross Keys	Cardiff	14:30	PP	
21/04/2018	Saturday	Cardiff	Llanelli	14:30	PP	
05/05/2018	Saturday	Pontypridd	Cardiff	14:30	PP	
12/05/2018	Saturday	Cardiff	Ebbw Vale	14:30	PP	





Win 4 Points. Draw 2 Points.

Bonus Points 1 for 4 or more tries. 1 for losing by 7 or less

**FR:** Friendly **PP:** Principality Premiership **BI:** British & Irish Cup **NC:** National Cup

## Final Principality Premiership Table 2017/18

		Pl	W	D	L	F	A	Pts
1	Aberavon	15	11	1	3	475	277	55
2	Bedwas	15	10	1	4	377	269	52
3	Merthyr	15	10	0	5	442	321	51
4	RGC1404	15	10	1	4	429	281	48
5	Pontypridd	15	10	0	5	389	371	47
6	Carmarthen Quins	15	9	1	5	384	305	47
7	Llandovery	15	8	1	6	416	287	43
8	Ebbw Vale	15	9	0	6	354	311	42
<b>9</b>	<b>Cardiff RFC</b>	<b>15</b>	<b>7</b>	<b>0</b>	<b>8</b>	<b>325</b>	<b>314</b>	<b>37</b>
10	Newport	15	7	0	8	291	339	33
11	Llanelli	15	6	1	8	291	367	32
12	Cross Keys	15	7	0	8	298	301	31
13	Bridgend	15	4	0	11	232	332	22
14	Neath	15	4	0	11	254	464	19
15	Bargoed	15	3	0	12	194	391	16
16	Swansea	15	2	0	13	237	458	13

## Final Tier 2 Table 2017/18

	Team	P	W	D	L	F	A	Pts	PTS
1	Newport	7	5	0	2	141	107	23	23
2	Neath	7	4	1	2	207	141	23	22
3	Cross Keys	7	5	0	2	126	133	22	13
4	Llanelli	7	4	0	3	172	122	21	5
5	Bridgend	7	4	0	3	159	135	20	
<b>6</b>	<b>Cardiff RFC</b>	<b>7</b>	<b>2</b>	<b>0</b>	<b>5</b>	<b>161</b>	<b>160</b>	<b>14</b>	
7	Bargoed	7	2	0	5	124	208	12	
8	Swansea	7	1	1	5	104	188	9	



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# YOUTH RUGBY...

Cardiff Under 16 kick off their league season at the Arms Park on Wednesday as they take on the Dragons North (KO 7:15pm). With fixtures coming thick and fast in the next few weeks the Cardiff RFC website will keep you updated on when and where the age groups are playing along with results and where possible match reports. Come along and watch the future stars at the Arms Park as both the 16s and 18s will be in action. The 18s have already played one game so far this season when they drew with the Valleys.

## Under 16s Fixtures

Date	KO	Home	Away	Venue	Result
23/8/17	7:15	Cardiff U16	Dragons North U16	CAP	
30/8/17	7:15	Scarlets West U16	Cardiff U16	Tenby RFC	
10/9/17	TBC	RGC U16	Cardiff U16	TBC	
13/9/17	7:00	Ospreys East U16	Cardiff U16	Brewery Field	
31/1/18	7:15	Cardiff U16	Ospreys West U16	CAP	
14/2/18	7:15	Cardiff U16	Scarlets U16s	CAP	
21/2/18	TBC	Dragons South U16	Cardiff U16	TBC	
28/2/18	7:15	Cardiff U16	Valleys U16	CAP	

## Under 18s Fixtures

Date	KO	Home	Away	Venue	Result
16/8/17	7:15	Cardiff U18	Valleys U18	CAP	24-24
27/8/17	1:00	Cardiff U18	Ospreys U18	CAP	
30/9/17	TBC	Scarlets U18	Cardiff U18	TBC	
6/9/17	TBC	Dragons U18	Cardiff U18	TBC	
7/1/18	1:00	Cardiff U18	RGC U18	CAP	
10/1/18	7:15	Valleys U18	Cardiff U18	Sardis Rd	
17/1/18	TBC	Ospreys U18	Cardiff U18	TBC	
24/1/18	7:15	Cardiff U18	Scarlets U18	CAP	
28/1/18	TBC	RGC U18	Cardiff U18	TBC	
21/2/18	5.30	Cardiff U18	Dragons U18	CAP	

# MATTERS OF FACT!

## Cardiff RFC 2016/17 All Games

Player	Games	Tries	Pts	Player	Games	Tries	Pts
JAMES MURPHY	108	6	33	LLOYD CHALKE	12	3	15
JAMES DOWN	100	2	10	RHYS CARRE	11	2	11
JOE TOMLINSON	66	9	47	SEBASTIAN DAVIES	9	1	5
ETHAN LEWIS	63	3	15	OWEN LANE	9	0	0
CERI YOUNG	62	16	85	LEWIS JONES	7	1	5
ROB LEWIS	53	2	12	HARRI GRIFFITHS	6	1	5
WILLIAM REES-HOLE	50	20	104	BEN WHITE	6	0	0
JACK PHILLIPS	44	8	42	RYAN SPRIGGS	4	0	0
REUBEN TUCKER	42	8	40	BEN THOMAS	3	0	9
JORDAN VIGGERS	38	3	16	LLYWARCH AP	2	0	0
DAN CRIMMINS	35	8	40	JAMES BOTHAM	2	0	0
MIKE HALE	35	2	11	DAFYDD SMITH	2	0	0
ALED REES	35	0	0	JOE MILES	1	0	0
JAMES SHEEKEY	31	2	10	COREY TUCKER	1	1	5
OLLIE SMYTH	30	10	53	PAT LEWIS	1	0	0
GARETH THOMPSON	25	10	217	RHODRI COLE	1	0	0
GAVIN NASH	24	0	0	FRASER YOUNG	1	0	0
JAMES BEAL	20	7	35	TOM MABLY	1	0	0
LUKE CROCKER	19	1	5	KEN DOWDING	1	0	0
CODY REES	18	0	4	TOM WILSON	1	0	0
LEWYS MONTAGUE	15	0	5	GWION JONES	1	0	0
CAMERON GIBBON	13	7	35				



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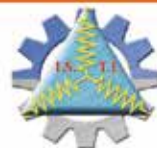
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# TODAY'S TEAMS



**CARDIFF:**  
**TBC...**



**MERTHYR:**  
**TBC...**

**Referee:** TBA

**Assistant Referees:** TBA

**Next Match:** Bargoed (Away) Saturday 9<sup>th</sup> September 2:30pm



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# SEASON REVIEW

It has been a few months since the Principality Premiership ended our 140th season. In the first programme of the 141st we look back over the last few months at the Arms Park.

After the last game Cardiff RFC looked forward to the end of season dinner that also celebrated the end of 140 years of Blue & Black rugby. Legends of the game turned out at the Principality Stadium to see the presentation of the caps for this season to Gareth Thompson, Ben Leung, James Beal, Jack Davies, Luke Crocker and Jordan Viggers. Four players were presented with their blazers for 100 games – James Down, James Murphy, Jonathan Edwards and Tom Slater. Phil Steele was the guest speaker and compare for the evening that culminated with Mervyn John being the latest inductee to the Cardiff RFC Hall Of Fame. Mervyn has of course been a Blue & Black through and through, as a player, committee man and as a trustee of the rugby section of the Athletic Club and his induction is well deserved.

That closed the old season but on the rugby front there were changes in both the coaching and playing staff. On the coaching front Steve Law was appointment as Head Coach. 'Spot' had been at Bedwas for 16 years and will bring his vast knowledge of the Premiership to the Arms Park. His appointment was described as the Chairman as "a perfect fit for the Blue & Blacks" and Steve himself said he wouldn't have wanted to leave Bedwas for any other club. We can look forward to hearing Steve's views on the game in future programmes.

Steve also brought with him his own assistants and we welcome former Blue & Black Llyr Lane - backs coach, James Dixon - conditioning, kicking and assistant coach, and Neil Edwards – forwards coach, to the Arms Park. We wish them all good luck through the season. We will catch up with them all in due course. On the playing front several new players joined the ranks and they will no doubt add to the quality we already have in the squad.

In the pack the Blue & Blacks have added three props. Fraser Young and James Greenfield have signed from Newport. 31 year old Cardiff born Greenfield has also played at Virginia Park for Caerphilly while Fraser Young is a 21 year old who has played 11 times at Rodney Parade.





Ken Dowdin has also signed from the British Army and will bring a wealth of experience with him having played for Bath and London Irish as well as stints in the Premiership with Bedwas and Bridgend. Ryan Spriggs has signed a contract to play for the Blue & Blacks having impressed in several games during the 16/17 season.

In the second row Corey Tucker comes in from Penallta In the back row Bristol born Tom Wilson joins from Moseley having previously played in Wales with Cardiff University and LLanharan. He adds to the resources in the back row with Ben White, Dan Crimmins and Reuben Tucker already having already returned to the Arms Park. Miles Normandale also returns to the Arms Park following a spell at Rotherham.

Behind the pack scrum half Rhodri Cole makes the move from Parc-Y-Scarlets to the Arms Park having played 18 times for Llanelli last season. Adam Jones moves from Ebbw Vale and Pat Lewis – who scored 16 time for Bedwas last season - adds to our centre options. Full back Llywarch Ap Myrddin - Larry to his friends - changes Black & Amber for Blue & Black having played 23 games at Rodney Parade last time out.

Added to that are are allocation of Cardiff Blues Academy players. In the pack the Blue & Blacks welcome back some familiar faces with prop Rhys Carre, hooker Ethan Lewis and second row Seb Davies all having appeared last season. They are joined by back row Jim Botham and prop Tom Mably, both of whom have been involved in the pre-season fixtures. Second Row Joe Miles completes the forward list.

Behind the scrum outside half Ben Thomas, who played in the final few fixtures of last season will join centres Owen Lane and Dafydd Smith. Owen Lane has been a regular with Cardiff having made his debut in 2015. Dafydd Smith has just one appearance so far against Skewen at the beginning of last season. More on the new squad in the next few programmes to his friends - changes Black & Amber for Blue & Black having played 23 games at Rodney Parade last time out. More on the new squad in the next few programmes.



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# CARDIFF RFC 2017/2018 SQUAD

LLYWARCH  
AP MYRDDIN



POSITION Full Back  
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HEIGHT 178cm  
DOB 27/03/1991  
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JAMES BEAL



POSITION Wing  
WEIGHT  
HEIGHT  
DOB  
SPONSOR

JIM BOTHAM



POSITION Back Row  
WEIGHT  
HEIGHT  
DOB 22/02/1998  
SPONSOR

RHYS CARRE



POSITION Prop  
WEIGHT 130kg  
HEIGHT 191cm  
DOB 08/02/1998  
SPONSOR

LLOYD CHALKE



POSITION Centre  
WEIGHT 99kg  
HEIGHT 191cm  
DOB 11/09/1993  
SPONSOR

RHODRI COLE



POSITION Scrum half  
WEIGHT 76kg  
HEIGHT 175cm  
DOB 31/07/1993  
SPONSOR

DAN CRIMMINS



POSITION Back Row  
WEIGHT 120kg  
HEIGHT 191cm  
DOB 29/07/1992  
SPONSOR

LUKE CROCKER



POSITION Back Row  
WEIGHT 107kg  
HEIGHT 188cm  
DOB 09/10/89  
SPONSOR Little & Large

SEB DAVIES



POSITION Second Row  
WEIGHT 116kg  
HEIGHT 198cm  
DOB 08/03/84  
SPONSOR

KEN DOWDING



POSITION Prop  
WEIGHT 122kg  
HEIGHT 191cm  
DOB 17/12/1984  
SPONSOR

CAMERON GIBBON



POSITION Wing  
WEIGHT  
HEIGHT  
DOB  
SPONSOR

JAMES GREENFIELD



POSITION Prop  
WEIGHT 107kg  
HEIGHT 181cm  
DOB 07/11/1985  
SPONSOR

HARRY GRIFFITHS



POSITION Centre  
WEIGHT  
HEIGHT  
DOB  
SPONSOR David Allen

MIKE HALE



POSITION Scrum Half  
WEIGHT 85kg  
HEIGHT 183cm  
DOB 14/12/1995  
SPONSOR Billy Woods

ADAM JONES



POSITION Prop  
WEIGHT 85kg  
HEIGHT 181cm  
DOB 02/02/1991  
SPONSOR

OWEN LANE



POSITION Centre  
WEIGHT 97kg  
HEIGHT 185cm  
DOB 20/12/1997  
SPONSOR



ETHA LEWIS



POSITION Hooker  
 WEIGHT 105kg  
 HEIGHT 180cm  
 DOB 29/03/1994  
 SPONSOR

PAT LEWIS



POSITION Centre  
 WEIGHT 85kg  
 HEIGHT 185cm  
 DOB 25/11/1997  
 SPONSOR

ROB LEWIS



POSITION Prop  
 WEIGHT 115kg  
 HEIGHT 178cm  
 DOB 28/07/1996  
 SPONSOR Chris Collins

TOM MABLY



POSITION Back Row  
 WEIGHT 116kg  
 HEIGHT 183cm  
 DOB 05/12/1997  
 SPONSOR

JOE MILES



POSITION Second Row  
 WEIGHT  
 HEIGHT  
 DOB 17/09/1996  
 SPONSOR

LEWIS MONTAGUE



POSITION Fullback  
 WEIGHT 90kg  
 HEIGHT 188cm  
 DOB 17/01/1994  
 SPONSOR J-H Williams

JAMES MURPHY



POSITION Second Row  
 WEIGHT 118  
 HEIGHT 196  
 DOB 18/09/96  
 SPONSOR Clive Davies

GAVIN NASH



POSITION Prop  
 WEIGHT 110kg  
 HEIGHT 177cm  
 DOB 05/12/93  
 SPONSOR PassMarc  
 Driving Tuition

MILES NORMANDALE



POSITION Second Row  
 WEIGHT 110kg  
 HEIGHT 201cm  
 DOB 21/09/1991  
 SPONSOR

JACK PHILLIPS



POSITION Centre  
 WEIGHT 92cm  
 HEIGHT 183cm  
 DOB 23/01/1994  
 SPONSOR CF10

ALED REES



POSITION Prop  
 WEIGHT 105kg  
 HEIGHT 177cm  
 DOB 18/03/93  
 SPONSOR Chris Norman

CODEY REES



POSITION Full Back  
 WEIGHT 88kg  
 HEIGHT 183cm  
 DOB 11/02/1982  
 SPONSOR

WILL REES HOLE



POSITION Centre  
 WEIGHT 92kg  
 HEIGHT 183cm  
 DOB 24/04/90  
 SPONSOR Cardiff RFC  
 Sunshine Club

JAMES SHEEKY



POSITION Back Row  
 WEIGHT 107kg  
 HEIGHT 195cm  
 DOB 10/09/1994  
 SPONSOR Little & Large

DAFFEYD SMITH



POSITION Centre  
 WEIGHT  
 HEIGHT  
 DOB 23/05/1999  
 SPONSOR

KRIS SMITH



POSITION Second Row  
 WEIGHT 127kg  
 HEIGHT 201cm  
 DOB 25/12/1990  
 SPONSOR



OLLY SMYTH



POSITION Wing  
WEIGHT 90kg  
HEIGHT 188cm  
DOB 19/10/1994  
SPONSOR St Davids Hospice

RYAN SPRIGGS



POSITION Hooker  
WEIGHT 102kg  
HEIGHT 178cm  
DOB 12/09/1994  
SPONSOR

BEN THOMAS



POSITION Outside Half  
WEIGHT 80kg  
HEIGHT 173cm  
DOB 03/06/1994  
SPONSOR

GARETH THOMPSON



POSITION Fly Half  
WEIGHT 80kg  
HEIGHT 173cm  
DOB 03/06/94  
SPONSOR Cardiff RFC  
Sunshine Club

JOE TOMLINSON



POSITION Hooker  
WEIGHT 104kg  
HEIGHT 186cm  
DOB 01/08/92  
SPONSOR Cardiff Rugby Supporters Club

CORY TUCKER



POSITION Second Row  
WEIGHT 100kg  
HEIGHT 198cm  
DOB 05/04/1994  
SPONSOR

RUEBEN TUCKER



POSITION Back Row  
WEIGHT 105kg  
HEIGHT 183cm  
DOB 12/10/1992  
SPONSOR Simon Down

JORDAN VIGGERS



POSITION Back Row  
WEIGHT 102kg  
HEIGHT 188  
DOB 16/02/96  
SPONSOR Jill Parker

BEN WHITE



POSITION Back Row  
WEIGHT 106kg  
HEIGHT 188cm  
DOB 23/11/1983  
SPONSOR

TOM WILSON



POSITION Back Row  
WEIGHT 100kg  
HEIGHT 188cm  
DOB 04/11/1994  
SPONSOR

CERI YOUNG



POSITION Back Three  
WEIGHT 75kg  
HEIGHT 183cm  
DOB 04/07/88  
SPONSOR Ellie Tabor

FRASER YOUNG



POSITION Prop  
WEIGHT 115kg  
HEIGHT 188cm  
DOB 25/08/1995  
SPONSOR

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# HEAD TO HEAD

## PREMIER LEAGUE HEAD TO HEAD VS LLANELLI

Head To Head	Cardiff	Merthyr
Previous Games (1)	Won 0	Won 1
Biggest League Win (Merthyr games)	–	24-18 (2016)
Biggest Winning League Margin (All Teams)	116-0 (Dunvant 2000)	75-14 (Llandovery 2017)
Top League Points Scorer (Merthyr games)	Jarrold Evans 8pts	James Howe, Craig Locke, Rhys Jones, Ed Siggery 5 points
Top Premier League Points Scorer (All Teams)	Adrian Davies 846 points	Matthew Jarvis 281 points
Top League Try Scorer Single Game	Ceri Young, Lewis Jones 1 try	James Howe, Craig Locke, Rhys Jones, Ed Siggery 1 try
Top Premier League Try Scorer (All Teams)	Steve Ford 76 tries	Kyle Evans 16 tries
Most League Points in a single game (Merthyr games)	Jarrold Evans 8pts	James Howe, Craig Locke, Rhys Jones, Ed Siggery 5 points
Most Premier League Points in a single game (All Teams)	Neil Jenkins, Paul Burke 31 points	Matthew Jarvis 20 points
Most League Appearances (Merthyr games)	Various Players	Various Players
Most Premier League Appearances (All Teams)	Owen Ruttley 142	Aaron Pinches 25

## CARDIFF V MERTHYR

Ground	P	W	L	D	F	A
At Cardiff Arms Park	0	0	0	0	0	0
At The Wern	1	0	1	0	18	24

## LAST 5 MEETINGS

Date	Home			Away
10/09/2016	Merthyr	24	18	Cardiff
23/08/2014	Merthyr	11	26	Cardiff
30/08/2008	Merthyr	14	36	Cardiff
11/08/2004	Merthyr	10	29	Cardiff
17/12/1994	Cardiff	63	8	Merthyr

## ALL GAMES V MERTHYR

P	W	D	L	F	A
14	13	0	1	268	96



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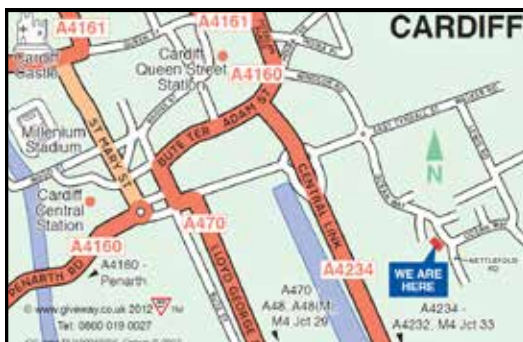
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