

RUGBY SECTION CHAIRMAN'S REPORT 2009/10.

Last season was a real disappointment in terms of our final league position of seventh, especially after the euphoria of the previous season when we won the league in such a decisive manner.

If there was any complacency after our league winning season, it has long since gone and last season really brought home the fact that you cannot sit back on your laurels in a constantly evolving game.

It was however not all doom and gloom as we reached the semi final of the Swalec Cup and finished second in our group in the inaugural British & Irish Cup.

The British & Irish Cup I felt was a great competition albeit with a few teething problems. It brought cross border competition back, where the fully professional teams of England, Ireland and Scotland competed with the semi professional sides of Wales. Cardiff RFC acquitted themselves very well in their group, winning four of their five group games, eventually finishing second to Doncaster. This is a competition that I am sure will grow in status over the next few seasons and it will become the benchmark for clubs throughout the UK who are not involved in the Magners League or the Guinness Premiership.

It was a long hard season last year with the extra fixtures of the B & I Cup and the new play off competition in the league. This, combined with the really bad winter, gave the team a very congested fixture list towards the end of the season, which resulted in the coaches having to draft in a number of players on permit. We are very grateful to all the clubs involved in permitting players to us at this difficult time.

I would like to thank our coaching team of Paul Moriarty, Howard Stone and Lee Jarvis for all their hard work throughout a long and difficult season. Richard Hughes continued his conditioning work with tremendous enthusiasm not only with the squad but also on one to one sessions with the players.

Dyfri Owen our physiotherapist and Claire Heal our masseuse have both worked extremely hard throughout the season to keep the players in good condition especially with the demands of the extra fixtures. We are all extremely grateful to them both not only for the very professional manner with which they deal with the players injuries but also with the support they provide for the team week on week throughout the year.

Gafyn Cooper and Keith Morgan our Team Manager and Rugby Administrator respectively have both worked tirelessly behind the scenes to ensure the smooth running of the team. These are seven days a week jobs with little respite and it is to Gafyn and Keith's credit that everything runs so smoothly throughout the season.

Rhys Shellard captained the team and led from the front throughout the season and set a fine example to everyone in the squad.

Rhys along with Gareth Davies represented Wales Sevens, while James Loxton and Owen Williams represented Wales under 20. The Barbarians called upon the services of Rhys Shellard and Craig Morgan. Congratulations to them all, it's a wonderful achievement for these players to have their talents recognized and for them to have the opportunity to play on a bigger stage.

There were also some notable career landmarks achieved during last season. Owen Ruttley achieved a record number of league appearances for Cardiff. Craig Morgan reached a 100 tries for Cardiff RFC and the Blues while the following reached 100 appearances for Cardiff RFC and the Blues – Chris Anderson, James Down, Nick Hampson, Adam Powell and Jamie Ringer.

Gareth Davies was top scorer with 320 points and Ryan Howells was top try scorer for the third consecutive year.

First XV caps were gained by the following:- Jimmy Norris, Tom Slater, Dan Matthews, Dan Preece, Leighton Davies, Dan Partridge, Ashley Sweet and Dan Godfrey.

Career landmarks:- 100 tries for CRFC & Blues for Craig Morgan
100 appearances for CRFC & Blues for Chris Anderson, James Down, Nick Hampson, Adam Powell and Jamie Ringer.

Record number of League appearances in league rugby for Cardiff Owen Ruttley.

Many thanks to Simon Down for attending the Principality League meetings in Aberavon and for being our statistician throughout the season. Steve Davies for attending East District meetings. John Huw Williams Vice Chairman for his continued support throughout the year.

The Supporters Club continues to be a vital and integral part of the club who

can be relied upon not only to give tremendous support for the players on the pitch but to give help where ever it is needed from programme selling to arranging functions. Everyone at the club is extremely grateful for their efforts.

The grounds staff under Brian Walker continue to provide us with a superb playing surface that I am sure is the envy of most other clubs.

Karl Kruger and his staff who provide us with high quality fare throughout the year. Mike Salt and the kitchen staff for the high quality meals provided on match days. Peter Bruin, the doorman for doing a very difficult job, with a very helpful and positive manner.

Congratulations to David Young and the Blues for their fantastic victory in France over Toulon in the final of the Amlin Cup. A win made all the sweeter as it was achieved in Toulon's backyard in front of 48,000 Toulon supporters.

Peter Thomas and the Board of Directors have again been very supportive of the RFC and we are very grateful for that. With the move for the Blues to Leckwith we probably have not seen as much of Bob Norster and Alan Doull as we would have liked, but both are enthusiastic in their support always ready with advice and support.

So another season has passed and we can all look forward to a short break before next season begins. I look forward to next season with a great deal of optimism, when we shall see quite a few exciting new faces along with our established players taking the team back to the top of Welsh rugby.

Malcolm Childs
Chairman Cardiff RFC

CARDIFF BLUES PLAYING RECORD 2009 – 2010

DATE	OPPONENTS	H/A	Res	SCORES FOR					SCORES AGAINST					
				G	T	PG	DG	Pts	G	T	PG	DG	Pts	
21/08/2009	LEICESTER (F)	H	LOST		1			5		1	3			14
28/08/2009	NORTHAMPTON (F)	H	LOST			3		9	4	1	3			42
04/09/2009	EDINBURGH	H	LOST	1	1	3		21	2	1	1			22
11/09/2009	MUNSTER	A	LOST	1		2		13	1	1	4			24
18/09/2009	CONNACHT	A	LOST	1		3		16	1	1	2			18
26/09/2009	LLANELLI SCARLETS	H	WON	1		4		19	1	1	1			15
03/10/2009	GLASGOW	H	LOST		1			5	1	1	3			21
10/10/2009	HARLEQUINS (HC)	H	WON	2		2		20			2			6
16/10/2009	SALE (HC)	A	LOST	2		4		26	3		1	1		27
24/10/2009	OSPREYS	H	WON	2		1	1	20	1	1				12
31/10/2009	LEINSTER	A	LOST			2		6	2		3			23
08/11/2009	GLOUCESTER (LV)	A	WON	2		4		26		2	5			25
15/11/2009	LONDON IRISH (LV)	H	LOST		1	2		11			4			12
24/11/2009	AUSTRALIA (F)	H	LOST			1		3	4		1			31
06/12/2009	CONNACHT	H	WON	1	1	3		21			3			9
12/12/2009	TOULOUSE (HC)	H	WON			5		15			2	1		9
19/12/2009	TOULOUSE (HC)	A	LOST	1				7		1	5	1		23
27/12/2009	NG DRAGONS	H	WON	4	1	3		42	1		1	1		13
01/01/2010	OSPREYS	A	LOST					0	1	2	2	1		26
09/01/2010	EDINBURGH	A	LOST			4		12	1	1	3			21
16/01/2010	SALE (HC)	H	WON	3		5		36	2	1				19
24/01/2010	HARLEQUINS (HC)	A	WON	6		1		45	1	2	1			20
31/01/2010	NEWCASTLE (LV)	H	WON	3	3	3		45	2	2				24
06/02/2010	LLANELLI SCARLETS (LV)	A	WON	5		1		38	1	2	2			23
19/02/2010	GLASGOW	A	WON	3		3		30	1					7
07/03/2010	LEINSTER	H	LOST	1	2	1		20	2		5			29
14/03/2010	GLOUCESTER (LV)	H	LOST	1	1	2		18	3	1	1			29
26/03/2010	ULSTER	H	WON	1		4		19			3			9
03/04/2010	ULSTER	A	WON	3		4		33	1	1	4			24
11/04/2010	NEWCASTLE (AM)	A	WON	7		2		55	2		2			20
17/04/2010	LLANELLI SCARLETS	A	WON	4	1	2		39	1		2	1		16
23/04/2010	NG DRAGONS	A	WON	2		2		20		1	3			14
01/05/2010	WASPS (AM)	A	WON	1	1	2		18			5			15
09/05/2010	MUNSTER	H	WON	1		2		13			4			12
23/05/2010	TOULON (AM)	N	WON	2	1	3		28	1	1	3			21

	PL	W	D	L	GL	TR	PG	DG	PTS	GL	TR	PG	DG	PTS
LEAGUE	18	10	0	8	26	7	43	1	349	17	11	44	3	315
(AM) AMLIN CUP	3	3	0	0	10	2	7	-	101	3	1	10	-	56
(HC) HEINEKEN CUP	6	4	0	2	14	-	17	-	149	6	4	11	3	104
(LV) LV CUP	5	3	0	2	11	5	12	-	138	6	7	12	-	113
(F) FRIENDLY	3	0	0	3	-	1	4	-	17	8	2	7	-	87
TOTAL	35	20	0	15	61	15	83	1	754	40	25	84	6	675

CARDIFF BLUES POINTS 2009 - 2010

	PTS	TR	PG	CON	DG
Ben Blair	292	3	57	53	
Ceri Sweeney	70	6	10	5	
Leigh Halfpenny	47	3	10	1	
Jamie Roberts	35	7			
Tom James	30	6			
Casey Laulala	30	6			
Taufa'ao Filise	25	5			
Xavier Rush	25	5			
David Flanagan	22		6	2	
Richie Rees	20	4			
Sam Norton-Knight	18	3			1
Bradley Davies	15	3			
Gareth Cooper	10	2			
Chris Czekaj	10	2			
Ma'ama Molitika	10	2			
Richard Mustoe	10	2			
Tom Shanklin	10	2			
Gareth Thomas	10	2			
Paul Tito	10	2			
Sam Warburton	10	2			
Gavin Evans	5	1			
Dafydd Hewitt	5	1			
Gethin Jenkins	5	1			
Deiniol Jones	5	1			
Andy Powell	5	1			
Gary Powell	5	1			
Robin Sowden-Taylor	5	1			
Ben White	5	1			
Martyn Williams	5	1			
	754	76	83	61	1

CARDIFF BLUES APPEARANCES
2009-2010

	TOTAL	START	SUBS
Taufa'ao Filise	32	28	4
Paul Tito	32	24	8
Ceri Sweeney	31	21	10
Xavier Rush	30		
Rhys Thomas	29	20	9
Ben Blair	27		
Deiniol Jones	27	22	5
Richard Rees	26	17	9
Sam Warburton	23	15	8
Gareth Cooper	22	14	8
Gareth Williams	22	12	10
Sam Norton-Knight	21	15	6
Scott Morgan	21	12	9
Chris Czekaj	20	19	1
Leigh Halfpenny	20	19	1
Ma'ama Molitika	19	16	3
Gareth Thomas	19	14	5
Gary Powell	19	9	10
Jamie Roberts	18		
Tom Shanklin	17	15	2
Bradley Davies	17	13	4
Gethin Jenkins	16		
Casey Laulala	16		
Andy Powell	16	11	5
Tom James	15		
Martyn Williams	15	14	1
Dafydd Hewitt	15	7	8
Richard Mustoe	14		
Scott Andrews	13	4	9
Andries Pretorius	13	3	10
John Yapp	12	7	5
Robin Sowden-Taylor	11	8	3
Ben White	11	6	5
Gavin Evans	9	4	5
Darren Allinson	8	4	4
Sam Hobbs	8	3	5
David Flanagan	8	2	6
Dafydd James	7	4	3
Darren Morris	7	3	4
Rhys Williams	5	2	3
Lloyd Williams	4		4
Huw Dowden	3	1	2
Josh Navidi	3	1	2
James Down	2		2
Ryan Howells	2		2
Chris Dicomidis	1		1
Gary Horrigan	1		1
Rhys James	1		1
Tom Slater	1		1

CARDIFF RFC PLAYING RECORD 2009 – 2010

OPPONENTS			H/A	Result	GL	TR	PG	DG	Pts	GL	TR	PG	DG	Pts
15/08/2009	CORNISH PIRATES (F)	A	LOST	1		2		13	6	3	1		60	
29/08/2009	SWANSEA	H	LOST	2		5		29	3	1	2	1	35	
05/09/2009	EBBW VALE	A	WON	3		3		30			1		3	
12/09/2009	GLAMORGAN WDS	A	WON	1	2	1	20	1	1	1	1		15	
19/09/2009	CROSS KEYS	H	DREW	2		6		32	2		6		32	
22/09/2009	NEATH	H	WON	1		4	1	22	2		2		20	
26/09/2009	LLANDOVERY	H	LOST	2		2		20	2	1	2		25	
03/10/2009	PONTYPOOL	A	WON	4	2			38	1		1		10	
10/10/2009	CARMARTHEN QUINS	H	WON	3		2		27	1		3		16	
17/10/2009	BEDWAS	H	WON	3	1	1		29	2	1	1		22	
25/10/2009	NEATH	A	WON	4	1	2		39	3		2		27	
31/10/2009	PONTYPRIDD	H	LOST	1	1			12		1	5		20	
07/11/2009	NEWPORT	A	LOST		1	3	1	17	2		3		23	
20/11/2009	PONTYPRIDD (BIC)	A	WON	2	1	1		22	1		3		16	
28/11/2009	BIRMINGHAM (BIC)	A	WON	4	4	1		51	2		2		20	
05/12/2009	LLANELLI	A	WON	1		3		16	1		1		10	
12/12/2009	PONTYPRIDD	A	WON	1	1	3		21		1	5		20	
26/12/2009	GLAMORGAN WDS	H	LOST					0	2		2	2	26	
16/01/2010	BEDLINO (CUP)	H	WON	1				7			1		3	
23/01/2010	LLANDOVERY	A	WON	3	3	3		45		1			5	
05/02/2010	PONTYPOOL	H	WON	2	2	2		30		1			5	
14/02/2010	DONCASTER (BIC)	A	LOST	1		1		10	4		2		34	
20/02/2010	NEWPORT (CUP)	A	WON	2	1	1		22	1	2	1		20	
27/02/2010	ROTHERHAM (BIC)	H	WON	4		2		34	2	2		1	27	
06/03/2010	AYR (BIC)	H	WON	2	2	2		30	3		2		27	
09/03/2010	EBBW VALE	H	WON	3	1	2		32					0	
13/03/2010	CARMARTHEN QUINS	A	WON	1		3		16			3		9	
19/03/2010	BEDWAS	A	LOST	1	2			17	1	1	3		21	
27/03/2010	BEDWAS (CUP)	A	WON	3	2	1		34	2	2			24	
31/03/2010	NEWPORT	H	WON	1		4		19	1	2			17	
03/04/2010	ABERAVON	A	LOST	1		1		10	2		3		23	
07/04/2010	CROSS KEYS	A	WON	2		1		17	1		3		16	
10/04/2010	LLANELLI	H	LOST	3		1		24	4	1	3		42	
13/04/2010	ABERAVON	H	DREW	1	3	3		31	2	1	4		31	
18/04/2010	LLANELLI (CUP)	SH	LOST	2	1	2		25	5	1	2		46	
21/04/2010	SWANSEA	A	LOST	2	1			19	3	2	1		34	
29/04/2010	LLANELLI	A	LOST			3		9		1	3		14	

	PL	W	D	L	GL	TR	PG	DG	Pts	GL	TR	PG	DG	Pts
FRIENDLY (F)	1	0	0	1	1	-	2	-	13	6	3	1	-	60
BIC	5	4	0	1	13	7	7	-	147	12	2	9	-	124
CUP (C)	4	3	0	1	8	4	4	-	88	8	5	4	1	93
LEAGUE	27	15	2	10	48	21	58	2	621	36	16	60	3	521

CARDIFF RFC STATS 2009 – 2010

PLAYED 37 WON 22 DREW 2 LOST 13 PTS FOR 869 PTS AGST 798
 TRIES 102 PG 71 CONV 70 DG 2

POINTS		TRIES	PEN G	CONV	DG
320	Gareth Davies	8	56	53	2
55	Ryan Howells	11			
45	Craig Morgan	9			
40	Tom Slater	8			
38	Darren Ryan	5	1	5	
35	Jimmy Norris	7			
34	Chris Anderson	7	8	5	
25	James Loxton	5			
25	Dan Preece	5			
25	Nathan Rees	5			
25	Penalty Try	5			
20	Gareth Chapman	4			
20	Lee Jarvis	1	3	3	
20	Rhys Shellard	4			
17	Steffan Jones	1	2	3	
15	Dan Godfrey	3			
15	Matthew Veater	3			
10	Kristian Gay	2			
10	Rhys James	2			
10	Owen Williams	2			
5	Chris Czekaj	1			
5	Geraint Edmunds	1			
5	Craig Everett	1			
5	Gary Horrigan	1			
5	Shaun James	1			
5	Matthew John	1			
5	Garyn Lucas	1			
5	Daniel Matthews	1			
5	Adam Powell	1			
5	Andries Pretorius	1			
5	Nick Roberts	1	1	1	
5	Ashley Sweet	1			
5	Jake Thomas	1			
869		102	71	70	2

