

## RUGBY ACTING CHAIRMAN'S REPORT 2015-2016 SEASON

Keith Morgan, the elected chairman of the rugby section resigned his position at the end of the season. Keith has worked tirelessly for many years on behalf of Cardiff RFC. He has filled the roles of secretary, treasurer, team manager, vice chairman, sat on the steering group as well as being a director of Cardiff Blues and chairman of the Athletic Club. I am sure that I speak on behalf of all members in thanking him for his considerable contribution to this club. In his absence I am presenting the report for season 2015-16.

Last season was disappointing in terms of our final league position of ninth. The lack of consistency in the availability of players for selection and the fact that these players were only able to attend one training session per week contributed hugely to our lowly position.

An experimental scoring system was introduced for both the Principality Premiership and Foster's Premiership Challenge Cup competitions in an effort to encourage a greater emphasis on scoring tries. The value for a try was increased to six points, a penalty try was worth eight points (with no conversion) while penalty goals and dropped goals were reduced to two points. Another change saw Regional Premiership Select XV's participate in the British & Irish Cup instead of clubs.

A supporters village was located at Cardiff Arms Park for the Rugby World Cup. As a consequence, Cardiff's first eight league fixtures were all played away, resulting in four bonus point victories. Our first home league fixture saw the old enemy Newport. In a fine advert for the Premiership nine tries were scored with the Blue and Blacks eventually winning 36-28.

November saw the focus change to the new Foster's Cup competition. This started promisingly with two victories over Bridgend and Aberavon. December saw three games in three weeks against our regional neighbours Pontypridd. The Blue and Blacks exited the SWALEC Cup in January to eventual winners Llandovery 9-6. The game was played in dreadful conditions and evoked memories of cup games from the distant past. Later that month, two further wins against Bridgend and Aberavon in the Foster's Cup were enough to secure a semi final place as the best runner up. The semi final was played at Sardis Road and resulted in a Pontypridd victory after extra time.

Cardiff used a total of 78 players this season, with nine players earning their caps, namely Mark Breeze, Callum Hall, Joe Jones, Rob Lewis, Ben Thomas, James Thomas, Joe Tomlinson, Chris Williams and Ceri Young.

Scrum half Tom Slater achieved the notable career landmark when he played his 100th game for the RFC at home against Ebbw Vale.

Ben Thomas headed the appearance list playing in 31 of the 32 games. James Thomas was top points scorer and Luke Ford the top try scorer.

Johnathan Edwards again led the side by example. His experience being invaluable to the younger squad members.

Wing Elis-Wyn Benham, props Rob Lewis, Dillon Lewis and flanker Morgan Sieniawski are to be congratulated for their contribution to the grand slam winning Wales under 20 squad in the Under 20 Six Nations Championship.

The coaching staff of Simon King, Adam Rosser, Duane Goodfield and Richard Walters, together with team manager Iestyn Williams have worked tirelessly under difficult conditions. Special mention to Simon King who departs after eighteen months valuable service in which he gave his all and we wish him well for the future.

Dyfri Owen and his team of physiotherapists make a tremendous contribution to the well being of the players. Our thanks also to our dedicated team of doctors.

Many thanks to Abbie Gibbins and Cathy Selio for their expertise in administration work for the RFC. Also to Ian Richards and Rhiannon Loxton for their contribution on match days.

Our steward Karl Kruger Williams has long been a very enthusiastic supporter of the premiership side and his contribution to the morale of the side is greatly appreciated.

May I also thank Mike Salt and Spiro and his team for their attention to the needs of the players.

Head groundsman Matt Jones continues to maintain our well utilized artificial playing surface to a high standard. Its benefit never more evident than last season where despite the inclement winter, no games were postponed.

The Supporters Club under Clive Davies and his committee, continues with its tremendous support, and is a very important part of the RFC.

May I thank committee members for their contributions this past season. Keith Morgan, John Huw Williams and Chris Norman for their input to the Rugby Steering Group, Clive Davies and Chris Collins for attending Premier League meetings, Brian Bennett and Mark Wakeham for attending East District meetings. Clive for his unenviable work as fixture secretary and Jill Parker a most conscientious secretary as well as looking after the ever more important social media work of the RFC.

Ian Tabor maintains our website and produces our match day programme.

Thanks to Chris Norman for his organization of the sponsorship of the RFC.

Chris Collins is to be applauded for his efforts in enthusing future generations of Blue & Blacks with his half time tag team demonstrations and youth game curtain raisers.

Peter Thomas, Martyn Ryan, Richard Holland, Paul Bailey together with the remaining directors of the limited company continue to support the RFC. The Cardiff Blues have always been responsible for the running of the premiership side since its inception in 2003. Next season will see the Cardiff Blues take a more active role. Their professional resources being made available to help develop the young academy players allocated to Cardiff RFC, while at the same time improving results on the field.

May I end by thanking you for your support this season. I would like to wish you a very good summer break and look forward to seeing you all in September.

Thank you  
SIMON DOWN  
Vice Chairman CARDIFF RFC.

# CARDIFF RFC APPEARANCES 2015 - 2016

TOTAL		STARTS	SUBS
31	THOMAS BEN	28	3
30	MURPHY JAMES	25	5
27	TOMLINSON JOE	13	14
25	LOXTON JAMES	21	4
25	JONES JOE	13	12
24	EDWARDS JONATHAN	19	5
23	SLATER TOM	12	11
22	YOUNG CERI	20	2
21	WHITE NICK	16	5
20	BREEZE MARK	10	10
20	WILLIAMS CHRIS	10	10
20	LEWIS ROB	9	11
19	HALL CALLUM	12	7
18	THOMAS JAMES	15	3
17	FORD LUKE	15	2
17	SMOUT LEWIS	8	9
15	DRISCOLL SEAN	7	8
15	REES ALED	5	10
14	SMYTH OLLIE	13	1
13	NORMANDALE MILES	11	2
13	SINIOWSKI MORGAN	9	4
13	VIGGERS JORDAN	5	8
12	REES-HOLE WILLIAM	11	1
12	SMITH RICHARD	11	1
12	BENHAM ELIS-WYN	9	3
11	DAVIES HARRY	9	2
11	GAUGHAN JOE	5	6
11	HALE MIKE	5	6
10	GRIFFITHS NICKY	10	-
10	LEWIS CALLUM	5	5
9	GROVES JEVON	8	1
9	LLEWELYN GERAINT	5	4
8	PHILLIPS JACK	7	1
8	LEWIS ETHAN	6	2
7	GEE TERRY	6	1
7	GOODE JAMES	6	1
7	LANE OWEN	6	1
7	NASH GAVIN	5	2
6	KNIGHT CHRIS	6	-

TOTAL		STARTS	SUBS
6	DAVIES THOMAS	5	1
6	SHEEKEY JAMES	4	2
6	MARLEY MATTHEW	2	4
6	DE'ABREU JAMIE	1	5
5	COOK MACAULEY	5	-
5	PAGE JOE	1	4
5	POWELL SHAUN	1	4
4	ANDREWS SCOTT	4	-
4	DOLAN CAM	-4	-
4	MITCHELL CRAIG	4	-
4	BIRD DAVID	3	1
4	SPRING CHARLIE	3	1
4	WHITTINGHAM JAMES	3	1
4	DAVIES GARETH	2	2
3	ISAACS TOM	3	-
3	JONES LEWIS	3	-
3	LEWIS DILLON	3	-
3	CONNOR MIKE	2	1
3	WILLIAMS RHYS	1	2
2	KNOYLE TAVIS	2	-
2	ROACH BEN	1	1
2	STEPHENS MIKE	1	1
2	DE'ABREU ANDY	-	2
2	SEDGEBEER OWEN	-	2
1	CARRE RHYS	1	-
1	EGAL LEWIS	1	-
1	EVANS GAVIN	1	-
1	McALOON TOM	1	-
1	NOVELL JOSH	1	-
1	REED LOU	1	-
1	DECRUZ WAYNE	-	1
1	FRANKLIN DAFYDD	-	1
1	JENKINS CAI	-	1
1	JONES ALEX	-	1
1	SHAWE JAMES	-	1
1	TARRANT CORRIE	-	1
1	THOMAS LUKE	-	1
1	WARD ALED	-	1
1	WATTS DAN	-	1
706		480	226

# CARDIFF RFC PLAYING RECORD 2015 - 2016

	OPPONENTS	H/A	Result	GL	TR	PG	DG	Pts	GL	TR	PG	DG	Pts
15/08/15	COVENTRY (F)	H	LOST	1				7	6	1	1		50
22/08/15	ROSSLYN PARK (F)	A	LOST	2		3		23	6	1			47
05/09/15	ABERAVON	A	LOST	1		2		12	3		1		26
12/09/15	CROSS KEYS	A	WON	3	1			30	1	3			26
19/09/15	LLANELLI	A	WON	1	3			30	2	1	1		24
26/09/15	NEATH	A	WON	1	3	1		28	3				24
03/10/15	EBBW VALE	A	LOST	2	1			22	3	1	1		34
10/10/15	CARM'THEN QUINS	A	WON	3	1			30	2	1			22
17/10/15	BEDWAS	A	LOST	1		1		10	3	5			56
24/10/15	BRIDGEND	A	LOST	1	1			14	1	2	1		22
31/10/15	NEWPORT	H	WON	3	2			36	2	2			28
06/11/15	CROSS KEYS	H	LOST	3				24	4	1			40
14/11/15	BRIDGEND (FC)	A	WON	1	1	1		16	1		1		10
21/11/15	ABERAVON (FC)	H	WON	3	1			32	1	3			26
28/11/15	LLANDOVERY	A	LOST					0	3	2	1		40
05/12/15	ABERAVON	H	LOST	1				8	2	1	1		24
12/12/15	PONTYPRIDD (FC)	A	LOST	1	1	1		16	4				32
19/12/15	PONTYPRIDD (FC)	H	LOST	3	1			30	3	3			44
26/12/15	PONTYPRIDD	A	LOST	1				8	1	1	2		18
02/01/16	LLANELLI	H	LOST	2	2			32	5				40
09/01/16	LLANDOVERY (CUP)	A	LOST			2		6			3		9
16/01/16	ABERAVON (FC)	A	WON	2	1	3		28		2			12
20/01/16	BRIDGEND (FC)	H	WON	2	1	2		26	2	1			22
30/01/16	NEATH	H	WON	4	1			40	1		1		10
12/02/16	EBBW VALE	H	LOST	1	1			14		5			34
05/03/16	BEDWAS	H	WON	3		1		26	3				24
12/03/16	NEWPORT	A	LOST	3				24	4	1	2		42
20/03/16	PONTYPRIDD (FC)	A	LOST	1	1	2		18	2	1	1		24
02/04/16	BRIDGEND	H	LOST	3				24	2	3	1		38
09/04/16	CARM'THEN QUINS	H	LOST	1	1	1		16	5		1		42
12/04/16	PONTYPRIDD	H	LOST	3				24	2	2			28
23/04/16	LLANDOVERY	H	WON	5				40	2	3			34

	PL	W	D	L	GL	TR	PG	DG	Pts	GL	TR	PG	DG	Pts
FRIENDLY (F)	2	0	0	2	3	0	3	-	30	12	2	1	-	97
FOSTER'S CUP (FC)	7	4	0	3	13	7	9	-	166	13	10	2	-	170
CUP (C)	1	0	0	1	-	-	2	-	6	-	-	3	-	9
LEAGUE	22	8	0	14	46	17	6	-	492	54	34	13	-	676
TOTAL	32	12	0	20	62	24	20	-	694	79	46	19	-	952



# CARDIFF RFC POINTS 2015 - 2016

POINTS			TRIES	PEN G	CONV	DG
80	THOMAS	JAMES	1	9	27	-
58	FORD	LUKE	9	1	1	-
48	PENALTY TRY		6	-	-	-
48	SMITH	RICHARD	8	-	-	-
33	HALL	CALLUM	-	3	13	-
30	EDWARDS	JOHNATHON	5	-	-	-
30	YOUNG	CERI	5	-	-	-
24	REES-HOLE	WILLIAM	4	-	-	-
20	BIRD	DAVID	-	3	7	-
18	KNIGHT	CHRIS	3	-	-	-
18	LLEWELLYN	GERAINT	-	3	5	-
18	LOXTON	JAMES	3	-	-	-
18	MURPHY	JAMES	3	-	-	-
18	SLATER	TOM	3	-	-	-
18	SMYTH	OLLIE	3	-	-	-
12	ANDREWS	SCOTT	2	-	-	-
12	BREEZE	MARK	2	-	-	-
12	COOK	MACAULEY	2	-	-	-
12	DAVIES	HARRY	2	-	-	-
12	DOLAN	CAM	2	-	-	-
12	LEWIS	ROB	2	-	-	-
12	PHILLIPS	JACK	2	-	-	-
12	THOMAS	BEN	2	-	-	-
12	TOMLINSON	JOE	2	-	-	-
12	WHITE	NICK	2	-	-	-
11	GEE	TERRY	2	-	-	-
10	WHITTINGHAM	JAMES	-	1	4	-
9	WILLIAMS	CHRIS	1	-	2	-
6	BENHAM	ELIS-WYN	1	-	-	-
6	CARRE	RHYS	1	-	-	-
6	DAVIES	GARETH	-	-	3	-
6	GRIFFITHS	NICKY	1	-	-	-
6	HALE	MIKE	1	-	-	-
6	KNOYLE	TAVIS	1	-	-	-
6	NORMANDALE	MILES	1	-	-	-
6	SIENIAWSKI	MORGAN	1	-	-	-
6	VIGGERS	JORDAN	1	-	-	-
<b>683</b>			<b>84</b>	<b>20</b>	<b>62</b>	<b>-</b>

# CARDIFF BLUES APPEARANCES 2015 - 2016

	TOTAL	START	SUBS
DOWN JAMES	28	24	4
FISH DAN	28	24	4
TURNBULL JOSH	27	26	1
PATCHELL RHYS	26	25	1
VOSAWAI MANOA	24	16	8
JENKINS ELLIS	23	19	4
HOEATA JARRAD	23	17	6
NAVIDI JOSH	22	18	4
FILISE TAUFU'AO	22	16	6
DACEY KRISTIAN	22	15	7
LEE-LO REYNOLD	21	21	-
COOK MACAULEY	21	5	16
JAMES TOM	18	17	1
WILLIAMS LLOYD	18	15	3
REES MATTHEW	18	10	8
HOBBS SAM	17	10	7
REED LOU	17	10	7
EVANS JARROD	17	7	10
EVANS GAVIN	16	14	2
SUMMERHILL ALED	16	11	5
DAVIES THOMAS	16	4	12
JENKINS GETHIN	15	14	1
KNOYLE TAVIS	15	11	4
SMITH GARYN	15	9	6
LEWIS ETHAN	15	4	11
LEWIS DILLON	14	4	10
MITCHELL CRAIG	13	4	9
SCULLY BLAINE	12	10	2
CUTHBERT ALEX	11	11	-
ISAACS TOM	11	9	2
JONES LEWIS	11	1	10
THYER BRADLEY	9	2	7
WARBURTON SAM	8	8	-
ANSCOMBE GARETH	8	7	1
DOLAN CAM	8	4	4
WILLIAMS TOMOS	8	3	5
DAVIES GARETH	7	1	6
MA'AFU SALESI	6	6	-
ALLEN CORY	6	5	1
THOMAS ADAM	4	2	2
ANDREWS SCOTT	4	-	4
JENKINS OWEN	3	3	-
SMITH RICHARD	3	3	-
GROVES JEVON	3	1	2
WILLIAMS RHYS	3	1	2
DICOMIDIS CHRIS	2	1	1
NORMANDALE MILES	2	1	1
BELCHER LIAM	2	-	2
MILLARD HARRI	2	-	2
KNIGHT CHRIS	1	1	-

Continued overleaf

# CARDIFF BLUES APPEARANCES 2015 - 2016 (cont)

	TOTAL	START	SUBS
DAVIES HARRY	1	-	1
DAVIES SEBASTIAN	1	-	1
DOMACHOWSKI COREY	1	-	1
GEE TERRY	1	-	1
LANE OWEN	1	-	1
ROACH BEN	1	-	1
	<b>667</b>	<b>450</b>	<b>217</b>

# CARDIFF BLUES PLAYING RECORD 2015 - 2016

				SCORES FOR					SCORES AGAINST				
DATE	OPPONENTS	H/A	Res	G	T	PG	DG	Pts	G	T	PG	DG	Pts
21/08/15	BRISTOL (F)	A	WON	4		1		31	3	1			26
29/08/15	DRAGONS (F)	H	LOST	4				28	3	1	3		35
06/09/15	ZEBRE	H	WON	3	8			61	1		2		13
12/09/15	LEINSTER	A	LOST			5		15	2		3		23
03/10/15	CONNACHT	A	LOST	4		1		31	4	1	1		36
17/10/15	MUNSTER	A	LOST	3		2		27	5				35
23/10/15	ULSTER	A	LOST		1	4		17	2	2			24
31/10/15	ZEBRE	A	LOST	1	1	1		15	3	1			26
07/11/15	GLASGOW	H	LOST	1	1	6		30	3	1	3		35
14/11/15	CALVISANO (E2)	A	WON	6	1	1		50			3		9
19/11/15	HARLEQUINS (E2)	H	LOST	2		2		20	3	1	2		32
28/11/15	OSPREYS	A	LOST			2		6	1		2		13
04/12/15	CONNACHT	H	WON	2		2		20		2	2		16
11/12/15	MONTPELLIER (E2)	H	WON	3	2	2		37	2	2	1		27
17/12/15	MONTPELLIER (E2)	A	LOST	1		5		22	2		3		23
27/12/15	DRAGONS	A	WON	1	1	3		21		1	4	1	20
01/01/16	SCARLETS	H	WON	3	1	1		29	3		2		27
17/01/16	HARLEQUINS (E2)	A	LOST	3	1			26	4		2		34
22/01/16	CALVISANO (E2)	H	WON	7	5			74			2		6
30/01/16	EDINBURGH	H	WON	1		1		10			1		3
13/02/16	TREVISIO	A	LOST	1				7	1		2		13
20/02/16	LEINSTER	H	LOST	1		2		13		1	3		14
28/02/16	ULSTER	H	WON	2		3		23	1		2		13
06/03/16	GLASGOW	A	LOST	1	2	1		20	3		2		27
18/03/16	MUNSTER	H	WON	4		3		37	2	1	3		28
25/03/16	TREVISIO	H	WON	5	3	2		56		1	1		8
02/04/16	SCARLETS	A	WON	2	1	3		28	1		5		22
17/04/16	DRAGONS	H	WON	2	1	3		28		1	1		8
30/04/16	OSPREYS	H	LOST	1	1	5		27	5	1			40
07/05/16	EDINBURGH	A	WON	3				21	1	2			17
				71	30	61		830	55	20	55	1	653

	PL	W	D	L	GL	TR	PG	DG	PTS	GL	TR	PG	DG	PTS
(F) FRIENDLY	2	1	0	1	8	-	1	-	59	6	2	3	-	61
(E2) EUROPE 2 CUP	6	3	0	3	22	9	10	-	229	11	3	13	-	131
LEAGUE	22	11	0	11	41	21	50	-	542	38	15	39	1	461
<b>TOTAL</b>	<b>30</b>	<b>15</b>	<b>0</b>	<b>15</b>	<b>71</b>	<b>30</b>	<b>61</b>	<b>-</b>	<b>830</b>	<b>55</b>	<b>20</b>	<b>55</b>	<b>1</b>	<b>653</b>

# CARDIFF BLUES POINTS SCORERS 2015 - 2016

POINTS			TRIES	PEN G	CONV	DG
132	GUNTER	DEAN		32	18	
83	WHITTINGHAM	JAMES	1	16	15	
35	REES-HOLE	WILL	7			
35	WATKINS	GEORGE	7			
30	DAVIES	HARRY	5	1	1	
25	SLATER	TOM	5			
20	STEPHENS	MIKE	4			
20	WYN-BENHAM	ELLIS	4			
18	LLEWELLYN	GERAINT		4	3	
16	GRIFFIN	JOE	1	1	4	
15	PENALTY TRY		3			
13	FISH	DAN	2			1
10	EDWARDS	JOHNATHAN	2			
10	JONES	IEUAN	2			
10	KNIGHT	CHRIS	2			
10	MARLEY	MATTHEW	2			
10	PHILLIPS	JACK	2			
10	POWELL	SHAUN	2			
10	SMITH	RICHARD	2			
10	WHITE	NICK	2			
10	WILLIAMS	RHYS	2			
10	YOUNG	CERI	2			
5	DOUGLAS	BRUCE	1			
5	HALE	MIKE	1			
5	KNOYLE	TAVIS	1			
5	LEWIS	ETHAN	1			
5	LOXTON	JAMES	1			
5	PASCOE	THOMAS	1			
5	ROACH	BEN	1			
5	SHEEKEY	JAMES	1			
5	WILLIAMS	TOM	1			
<b>587</b>			<b>68</b>	<b>54</b>	<b>41</b>	<b>1</b>